

## Organizer

### Nepal AOTS Alumni Society (Nepal AOTS)

Nepal AOTS Alumni Society (Nepal AOTS) is a non-government and not for profit organization of the ex-trainees of The Association for Overseas Technical Cooperation and Sustainable Partnerships (AOTS), Japan (Previously known as The Overseas Human Resources and Industry Development Association (HIDA)), HIDA / AOTS Alumni from different countries. Nepal AOTS was formally established in 1991 with the objective of Human Resource Development in Management and Technical fields in Nepal through various activities in line with its parent organization, HIDA / AOTS, Japan. Nepal AOTS assists to the private sector of the nation through HRD activities and facilitate their business promotion. By end of 2018, more than 1000 Nepalese have already received training through HIDA / AOTS in Japan and more than 3300 in Nepal itself.

## Registration Details

Training Date	: February 22 & 23, 2024
Duration	: 8 hour x 2 days (16 hour)
Venue	: Hotel Crowne Imperial (Drishya Dusk- Hall) Ravi Bhavan, Kathmandu
Time	: 8:00 Registration
Registration Fee	: 10000/- (Ten Thousand ) including Tea, Coffee, Lunch and Training Materials

*For further details, please contact*

Office Secretary Mr. Rajan Rajbhandari Cell no 9841529958

**Nepal AOTS Alumni Society (Nepal AOTS)**

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# “REKINDLE THE LEADER WITHIN YOU”

**WNF – Leadership Development Program in Nepal**

**22 & 23 Feb, 2024**

Organized By:



Nepal AOTS Alumni Society (Nepal AOTS)

With the support of:



World Network of Friendship (WNF)

Under:



The Association for Overseas Technical Cooperation  
& Sustainable Partnerships (AOTS), Japan

**In Association &**  
Japan Sri Lanka Technical and Cultural Association (JASTECA), Sri Lanka

# “REKINDLE THE LEADER WITHIN YOU”

## Training Objective

To inculcate Leadership qualities, orientation and behaviors among the participants.

## Resource Person

Mr. Gamini Nanda Gunawardana  
ICT Consultant  
Business Analyst (Deloitte Consulting)  
Managing Director (SAGA Consultants Ltd)  
Colombo, Sri Lanka



## Program Details

### Objectives – Day 1

#### Participants will:

- Challenge the environment – Develop growth mind set
- Take Personal Accountability – Overcome Victim loop, Locus of control
- Identify Limiting beliefs and program subconscious mind to face challenges
- Compare and Contrast Leadership VS. Management
- Transactional and Transformational Leadership Styles
- Relevant technical/ Management skills to be an effective Leader/ Manager
- Expected Leader behaviour – Kouzes and Posner model
- Understanding of few adaptive leadership styles: Situational Leadership, task/ people-oriented leadership

## SESSION OUTLINE

### DAY ONE – RAISING THE GAME

08:00 - 08:30	Registration
08:30 - 09:15	Opening session & refreshments
09:15 - 09:30	Resource person introduction / Set program objectives
09:30 - 10:00	Ice breaker and team familiarization activity
10:00 - 10:30	Growth mindset in VUCA and BANI world
10:30 - 11:15	Limiting Beliefs exercise

11:15 - 12:00	Total Personal Accountability Concept
12:00 - 12:45	Sub conscious mind programming to overcome limiting beliefs
12:45 - 13:00	Pre training Knowledge assessment questionnaire
13:00 - 14:00	Lunch
14:00 - 15:00	Theoretical Leadership Frameworks
15:00 - 15:45	Building tallest tower activity
15:45 - 16:00	Tea Break
16:00 - 16:40	Developing and managing hi performance teams
16:40 - 17:00	Feedback, Briefing for Day 2 and wrap up

### Objectives – Day 2

#### Participants will:

- Self-discovery of Values, Define Life purpose, Vision
- Creating life goals for self-fulfilment
- Identify, develop and practice personal leadership goals
- Create a Personal Development Plan
- Create a “Vision Board”
- Setting SMART goals and action plans

## SESSION OUTLINE

### DAY TWO – IGNITE PASSION TO LEAD

08:45 - 09:00	Day 2 Preliminaries
09:00 - 09:15	Recap Day1 - Learnings
09:15 - 10:45	Self Discovery of Values, Follow your Passion for life Purpose and Life Vision
10:45 - 11:00	Tea / Coffee Refreshments
11:00 - 11:45	Define personal success factors in life
11:45 - 12:30	Creating a Personal Vision board
12:30 - 13:15	Successful Leadership attributes
13:15 - 14:00	Lunch
14:00 - 15:00	Creating a Vision community
15:00 - 15:45	Setting SMART Goals and action plans
15:45 - 16:00	Tea Break
16:00 - 16:20	Questions and answers
16:20 - 16:35	Post training knowledge assessment questionnaire
16:35 - 17:00	Feedback, Certificates, closure