

TALIM

Vol : 20

July 2010

*Special Commemorative Issue
on the 20th Anniversary of Nepal AOTS Alumni Society*



NEPAL AOTS ALUMNI SOCIETY

सन्राइज SME बैकिङ्ग

साना तथा मझौला उद्यमीहरूका लागि

अपूर्ण चैकिङ काटोघाटको समाधानको लागि ।

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- रु १ लाख देखि रु २.५ करोड सम्मको कर्जा
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- ओभरड्राफ्ट खातामा सीमाभित्र रही कुनैपनि समय रकम फिक्न तथा राख्न सकिने र व्याज खर्चमा स्वतः बचत गर्न सकिने
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Nepal AOTS Alumni Society is completing 20 years of its formal establishment this year. The alumni society has achieved this milestone through continuous efforts of its dedicated members. We have come a long way since our humble establishment 20 years ago. A chronological glimpse of the highlights of major activities of Nepal AOTS since its establishment is in this issues. Our membership has been growing every year, our activities increasing and our networks expanding. Despite all this, at this juncture, it may be worthwhile to retrospect our progress and assess our strengths and weaknesses. We must see how we can further strengthen this society and take up new challenges in the future. There has to be a departure. The times have changed. We have felt major shift in the cooperation policy of AOTS, Japan. AOTS Alumni Societies have been reminded time and again to rely less on AOTS and sustain more on their own. This has created a big challenge for us. It entails generating innovative ideas and pursuing indigenous programs, among others, through increased initiatives by joining hands with regional alumni societies and other institutions both within and outside the country. This is an era of networking and collaborations. Nepal AOTS has a significant membership base, but it cannot take up such challenges and pursuits without dedicated involvement of more hands and heads to achieve our established objectives. It is time for us all to think how we can be more value-adding members, not only of our personal companies/organizations, but also of Nepal AOTS.

This year (2009-2010), AOTS observed its 50th anniversary and celebrated it in a big way coinciding it with the 8th Convention of AOTS Alumni Societies in October 2009 in Japan. This is also a year to be proud of for Nepal AOTS. Ms. Amira Dali, Advisor and Immediate Past President was awarded Grand Prix Award for Success Story in the Social Contribution sector among 10 success stories selected from 198 participants of world alumni societies from 26 countries. We heartily congratulate her for this achievement. The success story competition was part of the AOTS 50th anniversary program. A 5-member delegation led by Nepal AOTS President attended the AOTS convention in Japan. The SAFAAS meeting during the convention decided to entrust the hosting of the SAFAAS convention in 2011 to Nepal AOTS. This is another big challenge for us.

The year 2009-2010 has been quite successful for Nepal AOTS in its own way in terms of its collaborative efforts to carry out various activities. Two major training programs were organized – "IT Project Management" and "Quality Management in Pharmaceutical Industry" with expert trainers from Bangladesh and cooperation from a number of concerned domestic associations and institutions. Nepal AOTS was also involved in the selection and nomination of 30 participants in a special AOTS-FNCCI program, the "Corporate Management Training Program for Nepal" held in Nagoya, Japan.

The 20th AGM of Nepal AOTS will elect a new executive body for the period 2010-2012 that will carry the torch of continuity and also path breaking efforts to face new challenges in the pursuit of its objectives. For this, it is hoped that the new body will be supported by higher levels of initiatives and increased involvement of its members.

We express our deep gratitude to the advertisers and contributors and all those that made it possible to bring out this 20th issue of TALIM to you on time.

Happy reading and best wishes.

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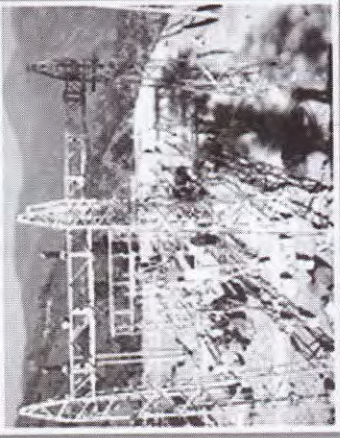
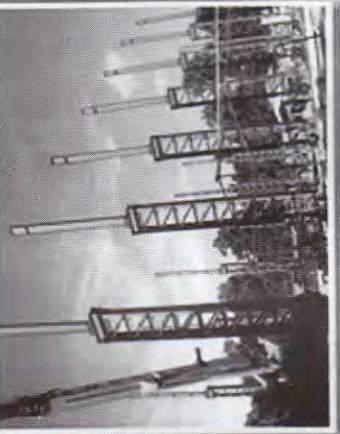
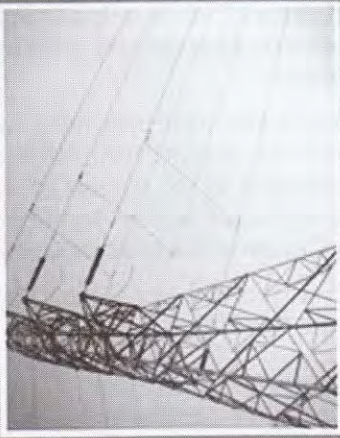
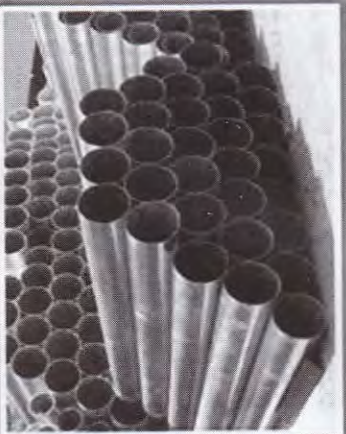
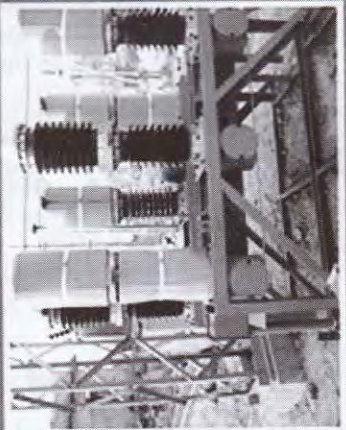
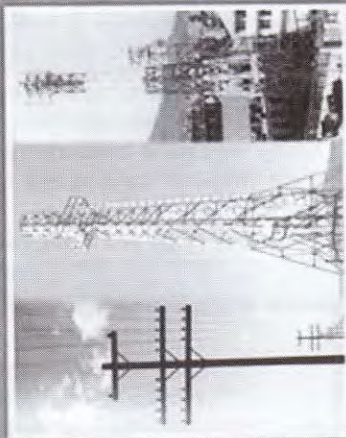
Trophy and Certificate presented to Ms. Amira Dali, advisor and past President, Nepal AOTS for being awarded best success story in "Social Contribution" field in the AOTS success story convention held on the occasion of 50th anniversary of AOTS in Tokyo, Japan in 2009.

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Message from
His Excellency Tatsuo Mizuno
Ambassador of Japan to Nepal

It is my great pleasure to learn that Nepal AOTS Alumni Society (NAAS) is going to publish the 20th memorial of the magazine, "TALIM". I sincerely appreciate the efforts and hard work that NAAS has done for the 20th commemoration event for prospering in the future.

The prosperity of business sector must be indispensable for the country's development. Japan as a country of 2nd largest economic power in the world, has been very keen to help Nepal economy to make further improvement in manufacturing skill and management technology through this AOTS scheme.

As everyone already knows, NAAS has taken the crucial role for contributing the human resource development of private sector in Nepal through giving many kinds of their original training to non-NAAS members. The many entrepreneurs who took the AOTS training in Japan are now in high position and take an importance responsibility at each office.

NAAS has also been playing a vital and significant role of making the close and strong network between Nepal and Japan since 1991 when NAAS was formed.

I hope NAAS takes further business leadership and wish your success.

A stylized, cursive handwritten signature in black ink, appearing to read 'Tatsuo Mizuno'.

Tatsuo Mizuno
Ambassador of Japan

Wishing all the success on the
20th Anniversary of
Nepal AOTS Alumni Society



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11 June 2010



Message from
Mr. Kazuo Kaneko
President, AOTS

Representing the Association for Overseas Technical Scholarship, AOTS, it is a great pleasure for me to congratulate Nepal AOTS Alumni Society (NAAS) upon publishing the 20th special issue of "TALIM" magazine as well as the 20th Anniversary of Nepal AOTS Alumni Society (NAAS).

I believe that annually issuing the "TALIM" magazine for over the last 20 years, which covers alumni members' experiences in Japan or members' special articles, largely have contributed to the enhancement of members' friendship as well as PR of Japanese culture or management to people in Nepal. I admire this great effort made by NAAS which is worthy of praise.

NAAS is, needless to say, one of the most active AOTS Alumni Societies, which consists of 69 Alumni Societies in 42 countries, and has been greatly contributing to strengthening Nepal-Japanese relationship over the last 20 years. Taking this opportunity, I would like to extend my heartfelt appreciation to NAAS as well as each committee member for their unceasing efforts to organize various programs in the field of human resource development.

And, I also hope that NAAS will continuously contribute to the activities of the World Network of Friendship, WNF, which is of the best examples of HRD activities driven by the AOTS Alumni Societies and is effective for the sustainable development of local communities.

Last but not least, I sincerely wish all the success of the 20th Annual General Meeting of NAAS and continuous prosperity for further development of NAAS.

Kazuo Kaneko
President, AOTS

Wishing all the success on the 20th Anniversary of

Nepal AOTS Alumni Society

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1 July 2010

Message from

Mr. Yasumi Suzuki

General Manager, AOTS New Delhi Office, India

It is my great honour to forward my message to the 20th volume of TALIM commemorating the 20th anniversary of Nepal AOTS Alumni Society (NAAS). On behalf of AOTS I would like to congratulate the successful continuation of NAAS for the last 20 years and its steady progress aiming to pursue the socio-economic development of Nepal as well as the mutual understanding and friendship between Nepal and Japan.

The fact that NAAS celebrates its 20th anniversary in this year means that the Society was established in 1990 which was the year when I joined AOTS. I am happy to know that myself have been sharing the same time with NAAS in the family of AOTS for the past 20 years. My direct experience with NAAS actually started in June 2007 when I was sent to India as the General Manager of its New Delhi Office. Since then I have been always impressed by the sincere and dedicated contribution by the members who have been working for the various activities of NAAS such as organizing management seminars and conferences as well as promoting basic educations for the unprivileged people. Now I am proud to know that NAAS is one of the most prominent and iconic organizations which connects between Nepal and Japan in the fields of education, business, and culture. In other words, NAAS has been working here to assist the activities of AOTS Japan. As the representative of AOTS, I would like to appreciate such tremendous cooperation by the members of NAAS extended for the last 20 years.

Also, I would like to express my deepest appreciation to the organizations and individuals who have warmly supported NAAS such as the governments of Nepal and Japan, industrial organizations such as FNCCI, and many other companies. Without the strong supports by such people, the achievement of NAAS which we can see today could not have been realized. I would like to expect that NAAS will be continuously supported by these people. And naturally AOTS is always glad to extend our maximum supports to NAAS.

Yasumi Suzuki

General Manager

AOTS New Delhi Office, India

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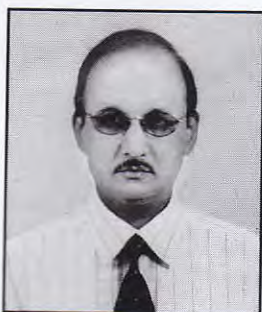
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Message from
Mr. Prakash Raj Singh Suwal
President, Nepal AOTS Alumni Society

Nepal AOTS Alumni Society is probably one of the smallest alumni societies among the 70 Alumni Societies of The Association for Overseas Technical Scholarship (AOTS), Japan spread in 44 countries. This year, Nepal AOTS Alumni Society is entering into the 20th year. We would like to thank AOTS, Japan, Nepal AOTS advisers and members for their continuous support and cooperation during our 20 years of successful existence. Throughout these years, we worked constantly in the field of Human Resource Development for the Nepalese private sector. We are confident that the good work of the alumni society will continue in years to come with the active cooperation from all.

With outmost satisfaction, we are bringing out this 20th issue of TALIM as a special issue to commemorate the 20th Anniversary of Nepal AOTS Alumni Society. This annual magazine, regularly brought out at the time of AGM, highlights the activities of Nepal AOTS along with some useful articles by our members and advisers. This magazine itself is an example of our society's continuous, self-dependent, and sustainable approach to its activities. In fact each and every activity of Nepal AOTS is guided by those philosophies.

As AOTS, Japan's cooperation with AAS is always based on self-help and equal partnership basis, in order to maintain Continuity and Sustainability of our activities, we have been diversifying our activities in collaboration with various organizations like Federation of Nepalese Chamber of Commerce and Industry (FNCCI), Japan Chamber of Commerce in Nepal (JCCN), Information Technology Professional Forum (ITPF), Network for Quality, Productivity and Competitiveness-Nepal (NQPCN), Auto Mechanic Association of Nepal, Women Development Training Center (WDTC) etc. Also in the past, we had organized many programs in collaboration with Garment Association of Nepal (GAN), Hotel Association of Nepal (HAN), Nepal Telecom (NT), Nepal Tourism Board (NTB), Construction Association of Nepal (CAN) etc

Let me congratulate all the alumni on the occasion of the Nepal AOTS 20th Anniversary and best wishes for many more years to come.

Best wishes,

A handwritten signature in dark ink, appearing to read 'Prakash Raj Singh Suwal'.

Prakash Raj Singh Suwal
President, Nepal AOTS Alumni Society

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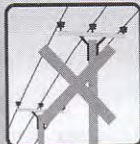
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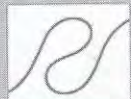
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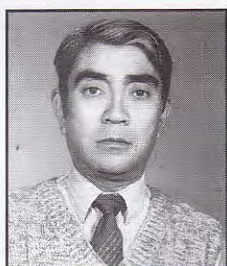
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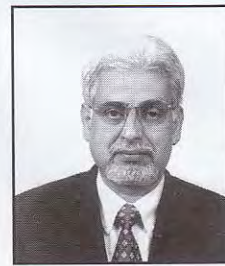
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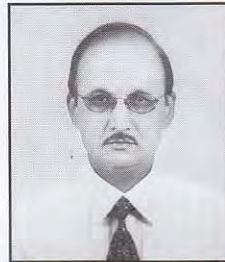
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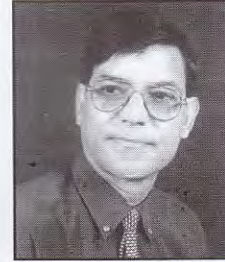
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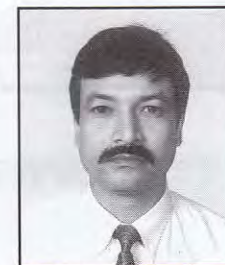
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Nepal AOTS Alumni Society (Nepal AOTS)

Nepal AOTS Alumni Society (Nepal AOTS) is a non-government organization of the ex-trainees of the Association for Overseas Technical Scholarship (AOTS), Japan. Nepal AOTS was formally established in 1991 with the following objectives:

- Human resource development in management and technical fields in Nepal.
- Conduct various activities for such HR development in line with its parent organization, AOTS, Japan.

So far, 600 Nepalese have already received training in AOTS Japan and more than 2800 have received training in Nepal. NAAS has its own training center, Yamamoto Talim Ghar at Koteshwor, Kathmandu. *Nepal AOTS Vision 2000* has focused on two specific areas – Quality Management and Information Technology. For IT, Nepal AOTS Computer Training Center (NACTC) is the focal agency, and for Quality, Nepal AOTS Japanese Style Management Training Center (JASMAN) is the focal agency.



The Association for Overseas Technical Scholarship (AOTS)

AOTS was established in Japan in 1959 with the support of Japan's Ministry of Economy, Trade and Industry (METI). Its main objectives are to:

- Promote technical cooperation between Japan and the developing countries for the industrialization and development of developing countries.
- Enhance mutual and friendly relationship between those countries and Japan.
- Support various educational and training activities of alumni associations like NAAS.

Till date, AOTS has trained approximately 300,500 persons in Japan from 150 countries and regions. The activities of AOTS are financed by Japanese government subsidy, company contributions and other sources.



World Network of Friendship (WNF) Program

The World Network of Friendship (WNF) was formed with the consensus of all AOTS Alumni Societies during the 5th Convention of AOTS Alumni Societies held in Aichi, Japan in September 1997 with an initial fund raised through different sources commenced by a personal contribution of 5 million Yen by former AOTS President Mr. Nagaaki Yamamoto. Earlier to the formation of WNF, there was the Inter-Alumni Society Resource Exchange Program. However, the basic guidelines were drawn in the second steering committee meeting held in Dhaka, Bangladesh in November 1998, which was then revised by the WNF Management Committee at the third meeting held in Kuala Lumpur, Malaysia in December 2001.

WNF's mission statement is "*The creation of a better world through the ties of friendship and the individuals as well as collective endeavor of our members*". To implement this mission, WNF seeks to empower individuals and organizations in developing countries that are committed to the social and economic development of their own communities, based upon a belief in self-help and equal-partnership, through human resources development, exchanging information and learning from each other's experiences.

With this entire endeavor, WNF program can be beneficial to the countries in the region and will certainly be an effort to attain the aim stated in the WNF resolution

NEPAL AOTS ALUMNI SOCIETY

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19th Annual General Meeting of Nepal AOTS

Nepal AOTS Alumni Society held its 19th Annual General Meeting on 24 July 2009, Friday at Hotel Himalaya, Lalitpur in the presence of Dr. AKM Maozzem Hussain, General manager, AOTS Dhaka office. In the general proceedings of the AGM, General Secretary Mr. Binod Man Rajbhandari presented the annual activity report for the fiscal year 2008/09 and Treasurer Mr. Pradeep Manandhar presented the Annual Financial Report for the same fiscal year. This was followed by floor discussion. Later, the dinner was attended by the Ambassador of Japan to Nepal, guests from different Japan-associated institutions in Nepal, institutional/ corporate members of Nepal AOTS, members, their families and other guests.



Training/Workshop on "IT Project Management"



A 3-day training/workshop program "IT Project Management" was organized at Hotel Himalaya, Kathmandu on 22-24 July 2009 with the support of High Level Commission for Information Technology (HLCIT), Government of Nepal and IT Professional Forum, Nepal with the cooperation of AOTS, Japan, Embassy of Japan, Federation of Nepalese Chamber of Commerce and Industry, Nepal, Japan Nepal Society, Tokyo, Japan and Japanese Chamber of Commerce in Nepal and National Information Technology Centre, Nepal. Mr. Abu Sayed Malik Md. Monsur-ul-Hakim from Bangladesh was the key resource person. Altogether 34 IT professionals from telecom,

software companies, banks, colleges, airlines and other IT related institutions enthusiastically participated in the training.

WNF Program in Dhaka

Mr. Shiva Narayan Chaurasia of Nepal Pharmaceutical Laboratory P. Ltd. and Mr. Dipak Adhikari of Quest Pharmaceutical P. Ltd. received training on "Quality Management in Pharmaceutical Operation" at Healthcare Pharmaceuticals Ltd. in Dhaka, Bangladesh under WNF program in 12-27 July 2010.

Training on "Quality Management in Pharmaceutical Industry"



A 3-day training on "Quality Management in Pharmaceutical Industry" was held from 18-20 November 2009 at Hotel Shanker with the cooperation of Association of Pharmaceutical Producers of Nepal (APPON) under the World Network Friendship (WNF) program of AOTS Japan. Two training experts from Bangladesh Mr. Muhammad Halimuzzaman and Mr. Md. Moshir Rahman successfully conducted the training keenly participated by 40 persons from different pharmaceutical companies.

Tree Plantation

To commemorate the 50th Anniversary of AOTS Japan, Nepal AOTS planted 50 saplings in Ranibari, a community forest project in Lazimat, Kathmandu on 25th July 2009. Nepal AOTS members, Dr. AKM Maozzem Hussain, AOTS Dhaka Office, Ranibari community members enthusiastically involved in the tree plantation program. Love Green Nepal had freely provided seven varieties of 50 saplings comprising of Sugandha kokila (10 nos.), Painyu (10 nos.), Kapur (10 nos.), Chanp (13 nos.), Ginkgo biloba (2 nos.), Lankuri (4 nos.) and Rudraksha (1 no.).



8th Convention of AOTS Alumni Societies



A 5-member delegation of Nepal AOTS led by President Mr. Prakash Raj Singh Suwal participated in the 8th Convention of AOTS Alumni Societies and the special function to commemorate the 50th Anniversary of AOTS on 27-30 October 2009 in Yokohama, Japan. The delegates attended different symposiums and panel discussions, participated in the convention group discussion on different themes and issues and in the WNF management committee meeting. Later, the president attended the SAFAAS meeting during which decision was made for Nepal AOTS to host the next SAFAAS convention in 2011. The Yokohama Resolution 2009 was declared.



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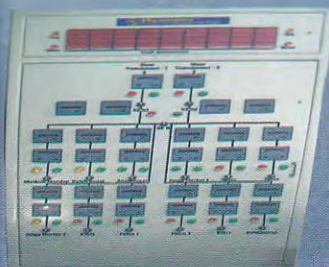
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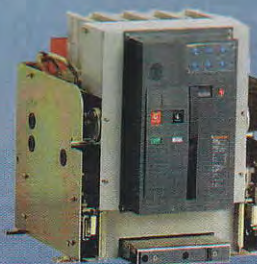
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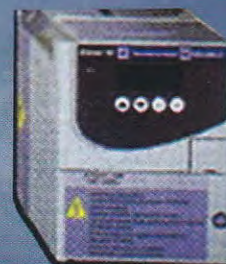
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Ms. Amira Dali Awarded for Success Story

Ms Amira Dali, Advisor and Immediate Past President of Nepal AOTS received the Grand Prix Award for Success Story in the Social Contribution sector among 10 success stories selected from 198 participants of world alumni societies from 26 countries. The success story competition was part of the program to commemorate the 50th Anniversary of AOTS in Japan. Ms. Dali presented her success story titled "Impact of Love Green Nepal's Integrated Greenery Development Efforts" that highlighted the contribution of Love Green Nepal in the social uplift of the community in Panchkhal, Kavre district. The success story and the news of the award was extensively covered by the eminent Asahi Shimbun newspaper.



Bo-nen-kai 2009

In a departure from its traditional annual year-end get together party, Nepal AOTS this year held its popular Bo-nen-kai with a lunch program at Club Himalaya, Nagarkot on 26th December 2009, Saturday. Altogether 75 Nepal AOTS members and their families including 11 guests attended the very enjoyable get together which saw the usual door prizes been given away to all. A shuttle bus was arranged for the purpose.

Corporate Management Training Program

A group of twenty-eight Nepalese executives and business owners from different sectors and regions of Nepal participated in the 'Corporate Management Training Program for Nepal' (NPCM). The program was held in 15~26 March 2010 at Chubu Kenshu Center (CKC) in Nagoya, Japan. This is special program organized by AOTS, Japan for FNCCI members, and Nepal AOTS has been involved in the selection of the candidates and forwarding the nominations to AOTS, Japan. Many participants of the NPCM have become members of Nepal AOTS.



Dissemination program at His Excellency's residence

H. E. Ambassador Mr. Tatsuo Mizuno kindly arranged a Talk & DVD show program at his Excellency's residence on March 31, 2010 to disseminate the background information, about the outstanding success of Mrs. Amira Dali at the "AOTS Success Story Convention" held by AOTS Japan on 27 Oct. 2009 at Tokyo, Japan, to the Nepalese journalists.



Photo by: Min Bajracharya

MoU with NQPCN

Nepal AOTS has entered into a Memorandum of Understanding with Network for Quality, Productivity and Competitiveness Nepal (NQPCN) to associate with the 16th Asia Pacific Quality Organization (APQO) International Conference on Quality to be organized by NQPCN in 18-20 September 2010 in

Dhulikhel. The international quality conference is being held in association and cooperation with the Kathmandu University, Nepal Bureau of Standards and Metrology (NBSM), Nepal Tourism Board (NTB) and Federation of Nepalese Chambers of Commerce and Industry (FNCCI).

Farewell to Ms. Kaneko Nakagawa



A small farewell party was organized for to say sayonara to Ms. Kaneko Nakagawa, the Japanese Embassy official who had been a very close friend of Nepal AOTS and was leaving for Japan after completing her tenure in Nepal. Ms. Nakagawa had been coordinating Nepal AOTS programs with the Embassy of Japan and assisting in many ways. A dinner party was held in the evening of 15th February 2010 at Tukuche Restaurant amidst a small of gathering of some Nepal AOTS executive committee members and well wishers.

Meeting with JICA Volunteer

A meeting was held between Mr. Kuniharu Nakai, Senior JICA volunteer and Nepal AOTS members of pharmaceutical industry to explore the possibilities of benefiting by acquiring declassified patents of Japanese medical products. This meeting was also attended by JCCN President Mr. Junko Naito and General Secretary Mr. Hideaki Takada and was followed by a farewell dinner with courtesy of Deurali Janta Pharmaceuticals at the Hotel Shanker.



Visit of Mr. N. Yoshimura



Nepal AOTS welcomed Mr. N. Yoshimura, ex-AOTS official who was on a nostalgic personal visit to Nepal. Mr. Yoshimura first came to Nepal on behalf of AOTS, Japan in 1986 to initiate the establishment of an alumni society in Nepal. He mobilized a group of pioneer Nepalese ex-trainees of AOTS and encouraged them to establish Nepal AOTS. Mr. Yoshimura visited YTG and met with the current executive committee members. He also met with some pioneer members of Nepal AOTS during the dinner get together held in his honour.

Visit of Team of Japanese Telecom Experts

A delegation of telecom experts comprising of Prof. Yoshio Kobayashi, Professor Emeritus, Saitama University, Mr. Tuyoshi Taira, specialist in semiconductor amplifiers, venture capitalist in Silicon Valley, USA, Ms. Noriko Takiguchi, journalist, Mr. Yuzo Katayama, retired NTT official visited Nepal Telecom and met with Mr. Lok Raj Sharma, Director and Nepal AOTS member Mr. Lochan Lal Amatya, Manager, Nepal Telecom. Discussion was held about Nepal Telecom's current situation and possibility of further enhancement with new technologies. The team was accompanied by Mr. Prakash Suwal, President and Mr. Prashant Lal Shrestha, Coordinator IT Committee of Nepal AOTS.



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S.N.	Name of Program	Duration	Place of Training	Name of Participant	Participant's Company
1.	The Training Course on Practical Solution of Quality-Related Problems (SPQP)	2~5 Sept. 2009	Osaka	Mr. Sunil Manandhar	Tilganga Eye Center
2.	The Executive Program on Quality Management (EPQM)	28 Sept.~3 Oct. 2009	Tokyo	Mr. Mr. Rabi Pokhrel Mr. Arbindra Amatya	Premier Finance Co. Ltd. Matrix Printers Pvt. Ltd.
3.	The Program on the Development of Die and Mold Industry (DDMI-1)	28 Sept.~9 Oct. 2009	Yokohama	Mr. Ramesh Prasad Nepal Mr. Mahim Rajbhandari	Integrated Methodical Associates P. Ltd. Classic Fiberglass Industry Pvt. Ltd.
4.	The Program on Quality Management for Bangladesh and Nepal (BNQM)	9~18 Dec. 2009	Tokyo	Mr. Shanker Prasad Pandeya Mr. Shyam Sunder Kshatri Mr. Pratyush Acharya Mr. Prabhakar Bikram Shah Mr. Sangam KC Mr. Devendra Bahadur Shrestha Mr. Naresh Kumar Shrestha Mr. Rajendra Malla Mr. Mukunda Prasad Timilsina Mr. Kumar Giri	Sagarmatha Silks Shibhanshi Apparels Bhoomi Food Product Surya Nepal Pvt. Ltd. Marigold Foods Pvt. Ltd. CTL Pharmaceutical Pvt. Ltd. Nepal Pharmaceutical Pvt. Ltd. Asiatic International Trading P. Ltd. Shree Pasupati Electronic Pvt. Ltd. Buttabari Tea
5.	The Program for Quality Problem Solving (PQPS)	25 Nov.~8 Dec. 2009	Tokyo	Mr. Govinda Prasad Ghimire	Alternative Herbal Products P. Ltd.
6.	Quality Control Training Course (QCTC)	24 Feb.~16 Mar. 2010	Osaka	Mr. Ramendra Pradhananga	Professional Computer System P. Ltd.
7.	The Leadership Program for Executive (EPLD)	10~23 Mar. 2010	Tokyo	Mr. Dawa Sherpa Mr. Bipin Hada	City Carpet Industries Himalayan Bank Ltd.
8.	Program on Corporate Management for Nepal [NPCM]	15~26 Mar. 2010	Aichi	Mr. Anuj Kumar Shrestha Mr. Ashok Kumar Agrawal Mr. Avinash Bohara Mr. Bal Bahadur Khadka Mr. Bhes Bahadur Paudel Mr. Bijaya Ratna Sthapit Mr. Bishwo Jyoti Prasai Dr. Denis Shrestha Mr. Dinesh Raj Bhandari Ms. Dipniti Karki Koirala Mr. Hom Nath Neupane	Panchakanya Plastic Industry Yash International Bohara Group of Industry Hotel B&B Pacific Development Bank Ltd. Yeti Travels P. Ltd. Makalu Footwear Vijayadeep Laboratories Ltd. Hotel Saathi P. Ltd. Avenues Television P. Ltd. Nebico P. Ltd.

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9.	The Program for Quality Management (PQM)	12~25 May 2010	Tokyo	Ms. Bandana Manandhar	Prime Commercial Bank Ltd.
10.	The Training Course on Solving Human and Organizational Problem (SHOP)	2~22 June 2010	Aichi	Mr. Nepal Bhusan Shrestha	Prime Commercial Bank Ltd.
11.	The Program for Quality Management Promotion (PQMP)	16 June~6 July 2010	Yokohama	Mr. Mahesh Dewan	Hotel Pokhara Grande
12.	The Executive Program on Corporate Management (EPCM)	5~16 July 2010	Tokyo	Mr. Sharad Khanal	Asian Pharmaceutical P. Ltd.
13.	The Production Management Training Course (PMTTC)	5~30 July 2010	Aichi	Mr. Suresh Shrestha Mr. Ashis Kumar Sharma Mr. Niraj Gorkhali	Geospatial Systems P. Ltd. Siddhartha Bank Ltd. Smart Solutions
14.	The Program for Business Innovation by Information Technology	7~20 July 2010	Tokyo	Mr. Bhuwan Krishna Shrestha Mr. Mohan Simkhada	CTL Pharmaceutical Pvt. Ltd. Deurali-Janta Pharmaceutical Pvt. Ltd.
15.	The Program on Design Management (PDM)	18 ~ 31 August 2010	Tokyo	Mr. Mahesh Karki	Machhapuchhre Metal Machinery Works P. Ltd.
16.	The Program for Practical Operations Management [PPOM]	25 Aug. ~ 14 Sep. 2010	Yokohama	Mr. Rajendra Pokhrel	Quest Pharmaceutical Pvt. Ltd.
17.	The Program for Quality Problem Solving [PQPS]	25 Aug. ~ 7 Sep 2010	Tokyo	Mr. Krishna Prasad Khanal Mr. Deepak Kumar Bhandari	Apollo Offset Press Pvt. Ltd. Samudayik Printers Pvt. Ltd.
18.	Practical Solution of Quality-Related Problems [SPQP]	1 - 14 September 2010	Osaka		

WNF Training Program

1.	Quality Management in Pharmaceutical Operation	12~27 July 2010	Healthcare Pharmaceutical Ltd., Bangladesh, Dhaka	Mr. Shiva Narayan Chaurasia Mr. Dipak Adhikari	Nepal Pharmaceutical Laboratory P. Ltd. Quest Pharmaceutical P. Ltd.
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Nepal AOTS Participation in the 50th Anniversary Ceremony and the 8th Convention of the AOTS Alumni Societies

(Reported by Prakash Raj Singh Suwal, President, Nepal AOTS)

A five-member delegation of Nepal AOTS Alumni Society led by Mr. Prakash Suwal (President) attended the 50th Anniversary Ceremony and the 8th Convention of the AOTS Alumni Societies held on 27–30 October 2009 at Tokyo and Yokohama, Japan. The other members of the delegation were Ms. Amira Dali (Advisor), Mr. Hari Bhakta Sharma (Member), Mrs. Bindu Shakya (Member) and Mrs. Sharma.



After arrival at Narita in the morning of 27 October we headed towards Yokohama Kenshu Center (YKC). Ms. Amira Dali had reached Tokyo ahead of us to be on time for her Success Story presentation. After checking in YKC we quickly proceeded to the United Nations University's U Thant International Conference Hall, Shibuya-ku, Jingumae, Tokyo on time to hear the Success Story presentations on the "Social Contribution" fields in which Ms. Amira Dali's story was one among the 10 excellent stories (best practices) selected for presentation in the AOTS Success Story Convention.

After success stories presentation, a panel discussion on "Investing in People for a Better World" was organized while the team of judges of the success stories was deciding the 3 winners in the 3 categories. The panel discussion

on "The Significance and Importance of Human Resource Development for Capacity Building of the Private Sector in Developing Countries" was moderated by Mr. Shoji Kusuda, Managing Director, AOTS. The panelists were Dr. Kazuo Takahashi, Visiting Professor, UNU, Mr. Kuniki Nakamori, Regional Director-General, Japanese Representative Office, ADB, Dr. Taizo Nishikawa, Head, UNIDO ITPO, Tokyo and Mr. Kazushige Taniguchi, Special Representative for Japan, the World Bank.

On 28 October 2009, the 10 success story presenters made a courtesy call on Mr. Tadahiro Matsushita, Vice Minister of METI. They reported Mr. Matsushita on their outcomes of the AOTS training in Japan respectively.

An international symposium on "Industrial Human Resource Development for Sustainable Growth of the Global Community: Challenge to Technical Cooperation through Private Sector Initiative" was organized by AOTS, Japan on the 28 October 2010 at the International Tokyo Forum, Tokyo. This symposium was supported by Ministry of Economy, Trade and Industry (METI) and The Asahi Shimbun Company.



The symposium reassessed how Japan had contributed to the development of Asia through grassroots technology transfer cooperation, rooted in a hands-on approach, and by utilizing the dynamism of the region, in the form of assisting Asian peoples' self-reliance efforts toward their development.

Moreover, the increasingly borderless nature of business and trade in the global community has accelerated and will intensify the construction of multilayered, complementary economic relationships that transcend borders on a global scale. Global opinion leaders from overseas and Japan participated in a frank exchange of opinions regarding the modern role of and potential for technical cooperation through private sector initiative in relation to nurturing industrial human resources in developing countries who would play an even more important role in the process of "coexistence and growing together", based on an equal partnership between countries.

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The symposium started with the opening remarks from Mr. Tsutomu Kanai, Chairman, AOTS and Mr. Atsuo Shibota, Director-General, Trade and Economic Cooperation Bureau, METI, Japan.

The keynote speakers were Prof. Dr. Ir. Ginandjar Kartasasmita, Former Chairman, House of Regional Representatives Indonesia on "Development Agenda & Industrial Policy - The Case of Indonesia". Dr. Thanong Bidaya, Chairman of the Board, Independent Director, Tai Tap Water Supply Public Co., Ltd., Thailand on "The Advancement of Industrial Structure and Industrial Human Resource Development: A Case Study of Thailand" and Mr. Kunio Nakamura, Chairman of the Board, Panasonic Corporation, Japan

on "A Manufacturer in the Age of Globalization - Contributing to Asia".

The discussion was moderated by Mr. Noriyuki Wakisaka, Editorial Writer, The Asahi Shimbun Company and the panelists were Mr. R. C. Bhargava, Chairman, Maruti Suzuki India Limited, India, Dr. Huynh Mui, President, Thang Long College of Technology, Vietnam, Amb. Marwan Badr, Advisor to the Egyptian Minister of International Cooperation, Egypt and Dr. Aya Okada, Professor, Graduate School of International Development (GSID), Nagoya University, Japan. Mr. Kazuo Kaneko, President, AOTS delivered the closing remark.

In the evening, a reception was held at the Tokyo International Forum hall to celebrate the 50th Anniversary of AOTS. Guests of Honors Mr. Tadahiro Matsushita, Senior Vice Minister of Economy, Trade and Industry (METI) and Mr. Makoto Okitsu, Co-Chairman, Japan-Indonesia Economic Committee Nippon Keidanren (Japan Business Federation) gave congratulatory addresses. On the occasion, AOTS Merit Awards and Contributor Awardees were given.

The 8th Convention of AOTS Alumni Societies (AAS) was held at YKC over two days, October 29 and 30, as part of the AOTS 50th Anniversary Event. There are currently 69 AAS branches established in 42 countries, and the convention was the largest in history in terms of the number of representatives (68), participants (211) and participating countries (41). With 14 participants from Japan Sri Lanka Technical & Cultural Association (JASTECA, Sri Lanka), 13 from Alumni Society of AOTS, Kerala Regional Centre (SAKERALA, India) and 10 each from Kuala Lumpur (PAAM, Malaysia) and Bangladesh AOTS Alumni Society (BAAS, Bangladesh) leading the list, there were several participants, in addition to the representative, from most of the AASs.

The large opening ceremony attended by Mr. Atsuo Shibota, Director-General, Trade and Economic Cooperation Bureau of the METI, and Mr. Shigefumi Matsuzawa, the Governor of Kanagawa Prefecture.

In the General Meeting that followed, AOTS President Kaneko acknowledged the AOTS and AAS accomplishments of the past 50 years based on the Success Story Convention and International Symposium and spoke about the orientation of AOTS from here forward and expectations for AAS. This was followed by AOTS Managing Director Kusuda's report on new business models as a new area for cooperation with AAS. With this report on AOTS as the basis for discussion, the 211 AAS members broke into eight groups and discussed the main themes and sub themes. The main theme "Current Situation and Future Direction of AAS - Where is AAS going?" was attended by all the representatives and delegates divided into four Groups A - D. The four sub themes and Nepal AOTS participation were as follows

- Group E: "HRD Policy and Action Plan for HRD by AAS" - attended by Mr. Prakash Suwal
- Group F: "Effective and Efficient Organizational Management for AAS - Know-how Sharing among AAS" - attended by Ms. Amira Dali

REPORT

- Group H: "AASS' Collaborative Businesses with AOTS, Evolving into their Contribution toward the Globe" – attended by Mrs. Bindu Shakya
- Group G: "Strengthening the AAS Network and Business Strategy for the Future" – attended by Mr. Hari Bhakta Sharma

The chairperson for each group was elected by a vote of the 68 representatives, and all showed outstanding leadership as vigorous discussion took place in all the groups.

Nepal AOTS also attended the SAFAAS regional federation meeting. In this meeting, since Iran expressed inability to hold the next convention, it was agreed that the next SAFAAS Convention shall be held in Nepal in September 2011 under the chairmanship of Nepal AOTS President Mr. Prakash Suwal. Other office bearers of the 2011 SAFAAS Convention were elected as:

Vice President – Mr. Feroz Shah (CAAS, Bangladesh)
 Secretary – Mr. Gamini Marambe (JASTECA, Sri Lanka)
 Treasurer – Mr. Man Mohan (Delhi Alumni, India)
 WNF Incharge – Mr. Joseph Philip (ASA Kerala, India)

The eight chairpersons incorporated the results of the 14 group discussions, main discussions and sub theme discussions, and the discussion of the six regional federations, and prepared a draft resolution as the deliverable for this convention. This then received a unanimous vote at the closing session and was adopted as the Yokohama Resolution 2009.

Best Wishes to
Nepal AOTS Alumni Society
for its 20th Annual General Meeting

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Super Saving	10.50%-12.00%
Current Call Deposit	7.00%-12.00%

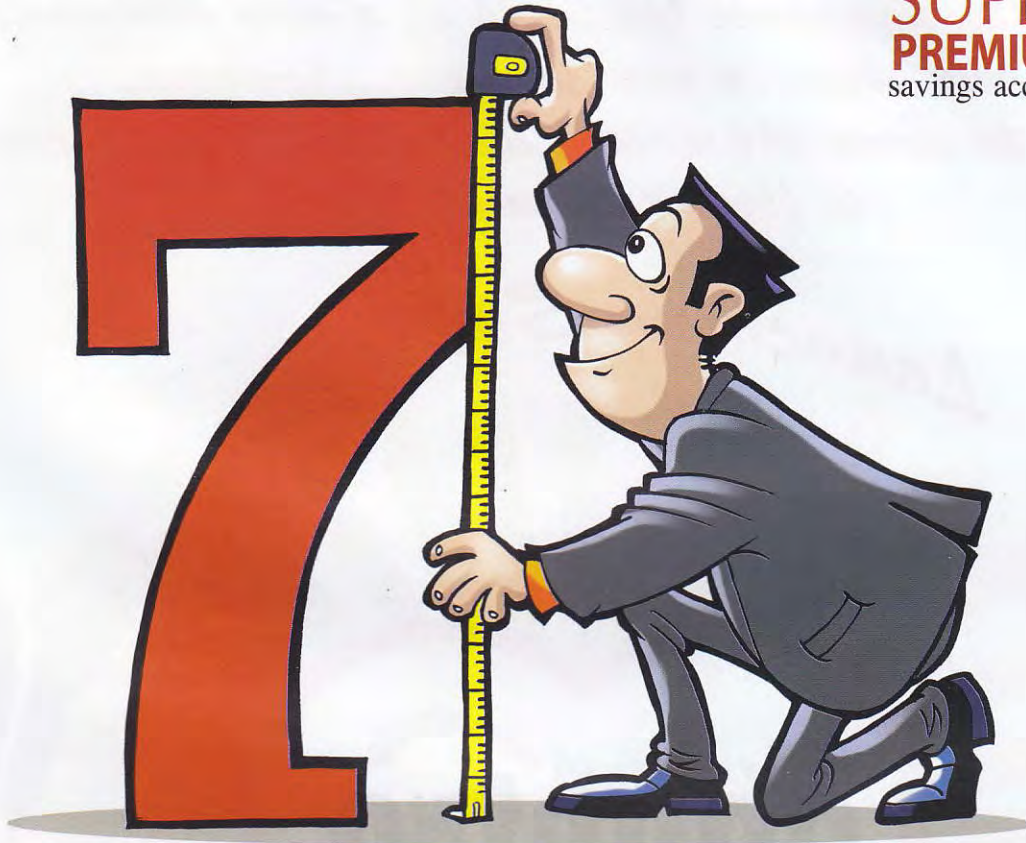
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&

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5 mg / ml Inj., 2 ml

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Oxytocin

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Tramadol HCl

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Eye & Ear Drops

EXOD

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5 ml

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Eye Drop

Chloramphenicol 0.5% w/v
5 ml

DENEX

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(Dexamethasone 0.1% w/v
+Neomycin 0.35% w/v) 5 ml

N-PIN

Eye Drop

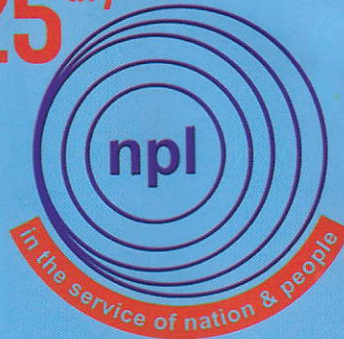
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"Quality in the Service of Millions"

AOTS Success Story Convention

“Investing in People for a Better World”

To commemorate the 50th anniversary of the establishment of The Association for Overseas Technical Scholarship (AOTS), Japan, it organized a Success Story Convention with the theme “Investing in People for a Better World” on 27 October 2009 at the United Nations University, U Thant International Conference Hall, Tokyo, Japan. The program was co-sponsored by United Nations University (UNU); supported by Ministry of Economy, Trade and Industry (METI), Government of Japan; Asian Development Bank (ADB), United Nations Industrial Development Organization Investment and Technology Promotion Office (UNIDO ITPO, Tokyo) and The World Bank (WB).

During the AOTS Success Story Convention, 10 excellent stories (best practices) duly selected from 198 success stories, which were submitted by ex-participants of 26 countries, in three activity fields. The stories were of those who have made use of the knowledge and experience, gained through their training in Japan and have achieved excellent results in their workplace or community.

The stories were categorized in the following three activity fields.

- Technology Transfer (the transfer of Japanese industrial technology, management technology or legal systems).
- Economic or Cultural Exchange (Economic or cultural exchange with Japan).
- Social Contribution (Contribution to the local community).



Among the Success Stories submitted by ex-trainees of 73 AOTS Alumni Societies of 43 countries, four Success Stories were from Nepal. Altogether 10 Success Stories were selected in the final selection – four in the “Technology Transfer” field, two in the “Economic or Cultural Exchange” field and four in “Social Contribution” field.



The selected stories were presented amidst a distinguished gathering at the Convention. After the presentation the Success Story Evaluation Board declared the top three winners, one in each field. Ms. Amira Dali, Advisor and Immediate Past President of Nepal AOTS Alumni Society was declared the winner in the field of Social Contribution.

Ms. Amira Dali's Success Story was titled “Integrated Development Endeavors for Social-Economic and Environmental Change in Nepalese Villages”. The story centers on the main activities of Love Green Nepal in the sector of sustainable agriculture, community education, community small infrastructure, and community health and environment conservation. She is also President

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of Love Green Nepal (LGN), a NGO working for the development of sustainable livelihoods for economically disadvantaged people in marginalized communities.

The key learning from those activities was:

- Understanding of exact requirements / needs of the partner is the first import task.
- Sustainable development initiatives should be taken by the groups themselves with their need, not by the outsiders.
- Continuity in the activities only bears the fruit.
- Japanese style of full fledged planning with numerous discussions/ meetings before starting the work is a 'must' unlike our style of abrupt starting with less or no homework.
- 'Women' are the catalysts for social change and economic reform in rural areas. Besides they are the best managers, as good practice of management starts from the 'home'.
- Think globally, act locally.
- "Earth is the home of mankind and all living beings. Let us contribute to save the earth with a small effort from each of us starting right now."

The AOTS Grand Prize Selection Committee composed of Prof. Hiromitsu Muta, Executive Vice-President, Tokyo Institute of Technology (Chairman); Dr. Yonosuke Hara, Professor, National Graduate Institute for Policy Studies; Dr. Aya Okada, Professor, Graduate School of International Development, Nagoya University; Ms. Yukiko Ogasawara, President & Representative Director, Japan Times, Ltd. and Mr. William Auckerman, Manager, Office of Communications, UNU.



The Asahi Shinbun, the second most circulated newspaper of Japan also gave full coverage with news and picture regarding the successful story along with an interview of Ms. Amira Dali in the issue of December 19, 2009.

Best Wishes to
Nepal AOTS Alumni Society
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YOKOHAMA RESOLUTION 2009

Commemorating the 50th Anniversary of the foundation of the Association for Overseas Technical Scholarship, we 211 delegates of 68 Alumni Associations of AOTS (hereafter AASs) from 41 countries assembled to the 8th Convention of AOTS Alumni Societies at Yokohama from 29th to 30th October 2009. After a series of discussion and exchange of opinions we came to following resolutions;

With consideration of fast changing global environment, and more specifically recognizing AASs and AOTS facing challenge of sustainable growth toward the future, we envision our imminent tasks as follows:

- We are in need to nurture new energy and innovative generation of AAS leaders
- We recognize more need to share information amongst AASs
- We aim to achieve sustainability and self sufficiency for all AASs
- We need to widen cooperation amongst AASs
- We aspire to encourage more collaborative business opportunities
- We wish to keep us informed of activities of World Network of Friendship (WNF)
- We need to compile AAS database
- We endorse and support AOTS Environmental Policy

More specifically we propose agenda of the following action plans:

1. Topics of Trainings
 - (1) AAS requests AOTS to review, revive, and redesign the present training programs to fulfill the specific needs of the specific AAS.
 - (2) AAS requests AOTS to initiate articulating the training programs for newer topics such as environmental, energy sector, service sectors, and agricultural sectors.
 - (3) AAS strongly requests AOTS to revive the technical training programs.
 - (4) AAS to be encouraged to organize Japanese language courses.
2. Website, Data Management
 - (1) All AAS are requested to develop their own website.
 - (2) AAS requests AOTS to provide regular update of members participating in training courses preferable on a quarterly basis.
 - (3) AAS requests AOTS to support AAS to grow partnerships with local Japanese organizations providing data about AOTS activities via embassies, JETRO and other organizations.
 - (4) Develop an expert database including silver volunteers.
 - (5) Include the silver volunteers/ experts in the Online AOTS Yellow Page.
 - (6) Each AAS will be recommended to register to use the "Facebook" with information support from AOTS.
3. Departure from Dependency on AOTS to Interdependency
 - (1) Each AAS should develop a business plan to survive financially.
 - (2) Encourage sponsorship for various activities conducted by AAS.
 - (3) All the regional federations need to be more active in promoting the AAS activities to other AAS.
 - (4) AAS to facilitate business delegations to benchmark best practices in Japanese organizations.
 - (5) To develop all AAS into a Center of Excellence and recognize the best practices by awarding AOTS Excellence Awards.
 - (6) AAS to submit proposal for reviewing territorial responsibilities.
 - (7) Services of regional experts to be processed through respective AAS / Federations.
4. Optimization/ Cost Reduction

Review non-value added activities across the board.

It was proposed that the 9th AAS Convention would be held in Kuala Lumpur, Malaysia.

IT Project Management Training

Prashant Lal Shrestha,

Executive Member, Coordinator IT Committee

Information and Communication Technology (ICT), after agriculture and tourism, could be one of the driving engines for the economic development of Nepal. Besides, ICT should largely be used for augmenting the efficiency and effectiveness in the government functioning in Nepal. The rapid development in and the business opportunities provided by ICT need not be stressed. In this context, Nepal AOTS Alumni Society organized a very much needed training program on IT Project Management, probably the first of its kind in Nepal, for IT professionals and for the management of outsourced as well as domestic IT Projects.

The training/workshop program titled "IT Project Management" was organized on 22-24 July 2009 at Hotel Himalaya. It was inaugurated by the chief guest of the opening ceremony, His Excellency Mr. Tatsuo Mizuno, Honorable Ambassador of Japan in Nepal amidst a grand gathering of dignitaries such as Honorable Vice-Chairman Mr. Manohar Kumar Bhattarai, HLCIT, and Mr. Yasumi Suzuki, General Manager, AOTS Office New Delhi, Mr. Kush Kumar Joshi, President, FNCCI, Dr. Subarna Shakya, Executive Director, NITC, the resource persons and participants of the training program, the media, members of Nepal AOTS and other guests.



The training was designed with the objectives to examine the IT Project Life Cycle, to understand project management methodologies, to build an IT project business case, schedule, and budget, to procure human and capital resources, to identify, assess, and manage risk, to establish quality metrics and to monitor project progress. Altogether 34 IT professionals from telecom, software companies, banks, colleges, airlines and other IT related institutions enthusiastically participated in the training.

The IT Project Management training was conducted by the international expert Mr. Abu Sayed Malik Md. Monsur-ul-Hakim from Bangladesh. He graduated from Tokyo Electronics

& Engineering University and, presently, has different business roles such as COO, AM Corporation, Corporate Advisor, CORE Co. Ltd., Technical Advisor, Mitsubishi Research Institute DCS Co. Ltd., and CEO, Magical Egg Corporation.

Mr. Suresh Kumar Regmi, the local resource person, shared his knowledge and vast experience in his presentation on 'Problems Faced by Nepalese Software Development Companies'. Mr. Regmi is a member of Business Incubation Center Board and he is the Managing Director of Professional Computer System Pvt. Ltd.

The "IT Project Management" training/workshop program was successfully organized with the commendable support and cooperation from different institutions such as the High Level Commission for Information Technology (HLCIT), Govt. of Nepal, Embassy of Japan, Nepal, National Information Technology Center (NITC), Govt. of Nepal, Federation of Nepalese Chambers of Commerce and Industry (FNCCI), IT Professional Forum (ITPF), Association for Overseas Technical Scholarship (AOTS), Japan, Japan-Nepal Society, Tokyo, Japan and Japanese Chamber of Commerce in Nepal (JCCN). Similarly support received from Nepal Telecom, GeoSpatial Systems, Nepal Investment Bank, Professional Computer System, Informatics College, Systech Nepal, Nepal KC Consulting, National Healthcare, Information Systems Solution, Nepal Airlines and Hitechvalley iNet

WNF Training Program on Quality Management in Pharmaceutical Industry

Mahesh K. Nakarmi,

Joint Secretary, Coordinator WNF Training

Recognizing the growing pharmaceutical industry, the need to be more competitive and its significant contribution to the economy of Nepal, Nepal AOTS Alumni Society organized a three-day training program "Quality Management in Pharmaceutical Industry" in Kathmandu in close cooperation with Association of Pharmaceutical Producers of Nepal (APPON) on 18 – 20 November, 2009 at Hotel Shankar. The training was conducted with the support of The Association for Overseas Technical Scholarship (AOTS), Japan under the World Network of Friendship (WNF) Program. Under the WNF program, Mr. Mohammad Halimuzzaman and Mr. Md. Moshir Rahman, the two resources persons from Bangladesh were made available by Bangladesh AOTS Alumni Society (BAAS) for this training program.

On 18th November, the training program was inaugurated by lighting the traditional Panas by the chief guest of opening ceremony by then Honorable Minister Mr. Ram Chandra Kuswaha, Ministry of Education and addressing the gathering in the function. During the function, His Excellency Mr. Tatsuo Mizuno, Japanese Ambassador to Nepal shed light on AOTS contribution to strengthening Nepal and Japan ties. Other dignitaries on the dais Mr. Bhupendra Bahadur Thapa, Chief Drug Controller, Ministry of Health & Population, Government of Nepal, Mr. Yasumi Suzuki, General Manager, AOTS New Delhi Office, Mr. Pradip Man Vaidya, Representative of Federation of Nepalese Chambers of Commerce and Industry (FNCCI), Vice President of APPON Mr. Mahesh Gorkhali, and the training expert Mr. Md. Halimuzzaman addressed the gathering giving their views on the relevance of the training and expressing good wishes for its success. Mr. Mahesh Nakarmi, Coordinator of the WNF training program gave the highlights of the program. Nepal AOTS President Mr. Prakash R.S. Suwal welcomed all the dignitaries and the audience comprising of the participants of the training, representatives of APPON, Nepal AOTS members, the media and other guests in the opening function. At the end of the ceremony, Vice-President of Nepal AOTS Mr. Ramesh Man Singh delivered the vote of thanks.

Altogether 40 participants from different Nepalese pharmaceutical industries successfully participated in the three-day training program. The participants were mobilized with the cooperation of APPON.

In the closing ceremony on 20th November, Mr. Radha Raman Prashad, Chief Drug Controller, Department of Drug Administration, Government of Nepal gave away the certificates of participation to the trainees. Speaking on behalf of the participants, Ms. Anamika Bansayal expressed satisfaction with the training and thanked the trainers, the organizers and others for the opportunity to enhance their knowledge. Token of appreciation were presented to the training experts from Bangladesh, and Certificate of Appreciation to APPON for its valuable cooperation in the organization of the training.



An Experience - Worthwhile

Ms. Bandana Manandhar, Head, HR Dept.

Prime Commercial Bank Ltd.

Trainee: SHOP (Solving Human and Organizational Problems) at CKC, June 2010.

It was 22nd June 2010, the day we had accomplished the training course on SHOP (Solving Human and Organizational Problems) at CKC (Chubu Kenshu Centre), Aichi, Japan. We were all energized for the closing ceremony, suddenly I was asked to speak a few words representing all my fellow colleagues participating in the course. It was my moment of realization that I in fact had had an experience, worthy to be shared.

Several times we said, "I'm remembering my MBA days, the hectic schedules, the never ending group discussions, the team assessments, the apprehensions for standing first among the 4 teams, the desire to prove we were the best".

The course started with a perfect note, I must say! We were scheduled to meet at 9:30 am on the first day for the Orientation Program. I was all excited for the course so I made it by 9:15. It was so surprising that the program started ahead of time at 9:20 with in time attendance of all participants and course faculty. Company visits were the same. We would reach the scheduled company almost about 10 minutes ahead of time. Here, I had FIRST important lesson to learn – Punctuality and Timeliness. This is something we all must value and practice in our everyday lives – professional or personal.

Hard work and perseverance of all Japanese is something we really appreciate. The way people are dedicated to work and how they crave for perfection, sometimes it was like, where can we find some fault or can criticize.

SHOP – the entire training program was an experience, worthwhile. It was like learning with small things, but learning by doing and experiencing which would remain engrained in our minds for managing workplace behavior, leadership style and most importantly attitude.

We know people like to be appreciated and hear good things about themselves, but I never knew that Self-Esteem Enhancement could be used like magic to boost productivity and bring effectiveness in work behaviors. The concept of Self-Esteem Enhancement and Positive Reinforcement changed the way I tackled human resources related issues in my workplace. The first day I came back to my work place, I could practice concept of self-esteem enhancement. The first thing I told my colleague, "Thank you so much for taking care of the departmental tasks in my absence. You have handled everything so well. You have been a great help." After these statements, I could read smiles in his face. He said, "I enjoyed my work, and was happy to take responsibilities." He has now been very productive in his work and never complains for long working hours.

Self-Esteem Enhancement is not the only concept we learned during the course, but the other concepts were equally practicable. There were minimal things which we had to say were not applicable in our home country!

All in all, it was a worthwhile experience and a great value addition!

Compliance of Final Product May Not Determine Quality of Medicine

Binod Man Rajbhandari

Managing Director, Fairmed Concern

In this modern age, we will hardly find people who have not used the allopathic medicine. Tablets or capsules taken orally remain one of the most effective means of treatment available. The effectiveness of such dosage forms relies on the drug dissolving in the fluids of the gastrointestinal tract prior to absorption into the systemic circulation. The rate of dissolution of the tablet or capsule is therefore crucial. For a solid dosage of drug to be absorbed after oral administration, it must first be in solution form. The first important step toward this condition is usually the break-up of the tablet; a process known as disintegration.

One of the problems facing the pharmaceutical industry is to optimize the amount of drug available to the body, i.e. its 'bioavailability'. Inadequacies in bioavailability can mean that the treatment is ineffective and, at worst, potentially dangerous (toxic overdose). Thus the question arises – are all the medicines found to contain the claimed ingredient at laboratory test potential and equally effective? It cannot be guaranteed. Does the compliance of final compositions determine the quality of medicine? Not necessarily.

Although the same formulation of different brands contains same quantity of active ingredients, the efficacy may differ. Let's take an example of an antipyretic tablet Paracetamol 500mg used for controlling fever. The efficacy of Paracetamol produced by manufacturer X may differ from that produced by manufacturer Y. When these tablets are tested in the laboratory, both may be found to contain 500mg Paracetamol as claimed by the manufacturers. Literally, since both are found correct, they are normally considered to be of right quality. However, during actual application of the medicine to patient, clinical trials have showed different degrees of efficacy. So, the question is why does the efficacy differ?

To find the solution to such queries, we need to know a little bit about how it is being absorbed into our body. A tablet or capsule when swallowed breaks up into small particles making it easily soluble in water or to form homogeneous liquid. Smaller the sizes of the particle, better the quality. Lesser the time taken for disintegration, quicker will be the effect. This is why most of us must have noticed advertisements claiming "micro fined" to prove it better in the context of break up into the finest particle. Disintegrants are added to drug formulations to facilitate the breakup or disintegration of tablet or capsule content into smaller particles that dissolve more rapidly. Hence, drug release from a solid dosage form can be enhanced by addition of appropriate disintegrants.

Therefore, tablet and capsule disintegration has received considerable attention as an essential step in obtaining fast drug release. The emphasis on the availability of drug highlights the importance of the relatively rapid disintegration of a tablet as a criterion for ensuring uninhibited drug dissolution behavior. Ideally, the disintegrants should cause the tablet or capsule to disrupt, not only into the granules from which it was compressed, but also into powder particles from which the granulation was prepared.

Secondly, the homogeneous solution has to mix with the solution available inside the body; mostly with the gastrointestinal fluid. This phenomenon is known as dissolution. The gastrointestinal tract provides sufficient fluid to facilitate disintegration of the dosage form and dissolution of the drug. The large surface area of gastric mucosa favors the drug absorption. Thus, the oral route has continued to be the most appealing route for drug delivery despite the advancements made in the new drug delivery systems. Banker and Anderson stated that at least 90% of all drugs used to produce systemic effect are administered orally.

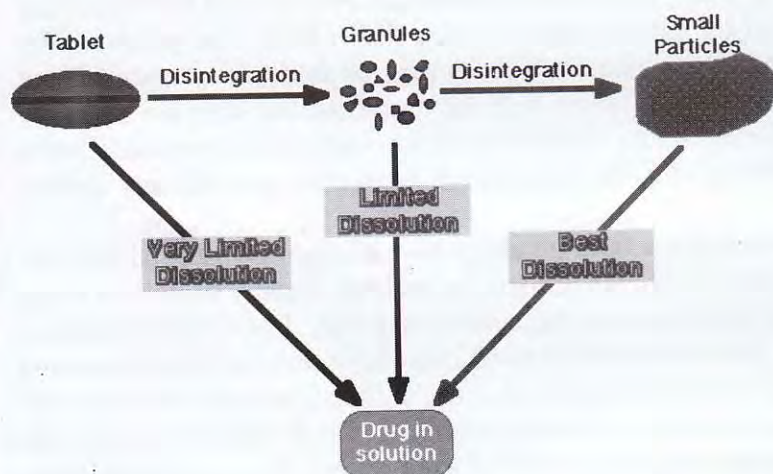
Rapidly disintegrating tablets have received much attention in recent years, as they are preferred by pediatric and geriatric patients. Moreover, the drug dissolution is facilitated by quick disintegration of tablets and capsules. Tablet or capsule dissolution is a standardized method for measuring the rate of drug release from a dosage form.

Lastly, the dissolute solution is absorbed into the blood stream by the tissues in the intestine and is spread into the different parts of the body through blood vessels, which will show up the effect of the medicine:

Therefore, there are four stages where the use of the quantity of medicine is reduced.

1. The finished tablet is allowed to have composition range $\pm 5\%$ and the reduction of it till expiry is also $\pm 5\%$ range.
2. The amount of active ingredients that is being disintegrated should be at least 95% of the total mass (5% reduction).
3. During dissolution too the rate is good if it is at least 95% (5% reduction).
4. Similarly absorption should be at least 95% (5% reduction).

In this way, ethically permitted loss from manufacturing to the absorption is 20%. This means if at least 400mg of paracetamol out of 500mg is absorbed into blood stream, the medicine is of good quality.



The figure here shows the rate of dissolution of a tablet or capsules before absorption. A drug cannot be absorbed across the intestinal wall as a solid. It must first dissolve in the fluid of the G-I tract. Tablets and capsules are carefully formulated and designed to stay together in the bottle during transport but break up quickly once they are in an aqueous environment. This can be an easy or difficult job depending on the drug and the dose required. There are specified dissolution tests to ensure that tablet formulations work. Although initially developed for oral dosage forms, the role

of the dissolution test has now been extended to 'drug release' studies on various other forms.

The general users will not understand this, and laboratory tests of final product alone do not determine the quality of the product. Thus, the intermediates are checked in every stage during manufacturing process according to good manufacturing practice (GMP) which is known as the audit of the formulation and plant. However, manufacturing units of many developing countries may not be equipped with sufficient laboratory equipments and qualified manpower to meet the optimal requirement of record system.

Knowing these factors may worry users. Doctors are aware of the above facts, and they normally select effective brands on the basis of their own experience or on the information of authentic trial reports published in the medical journals. So it is best to trust them when you take the medicine.



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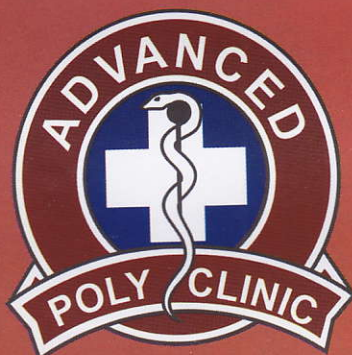
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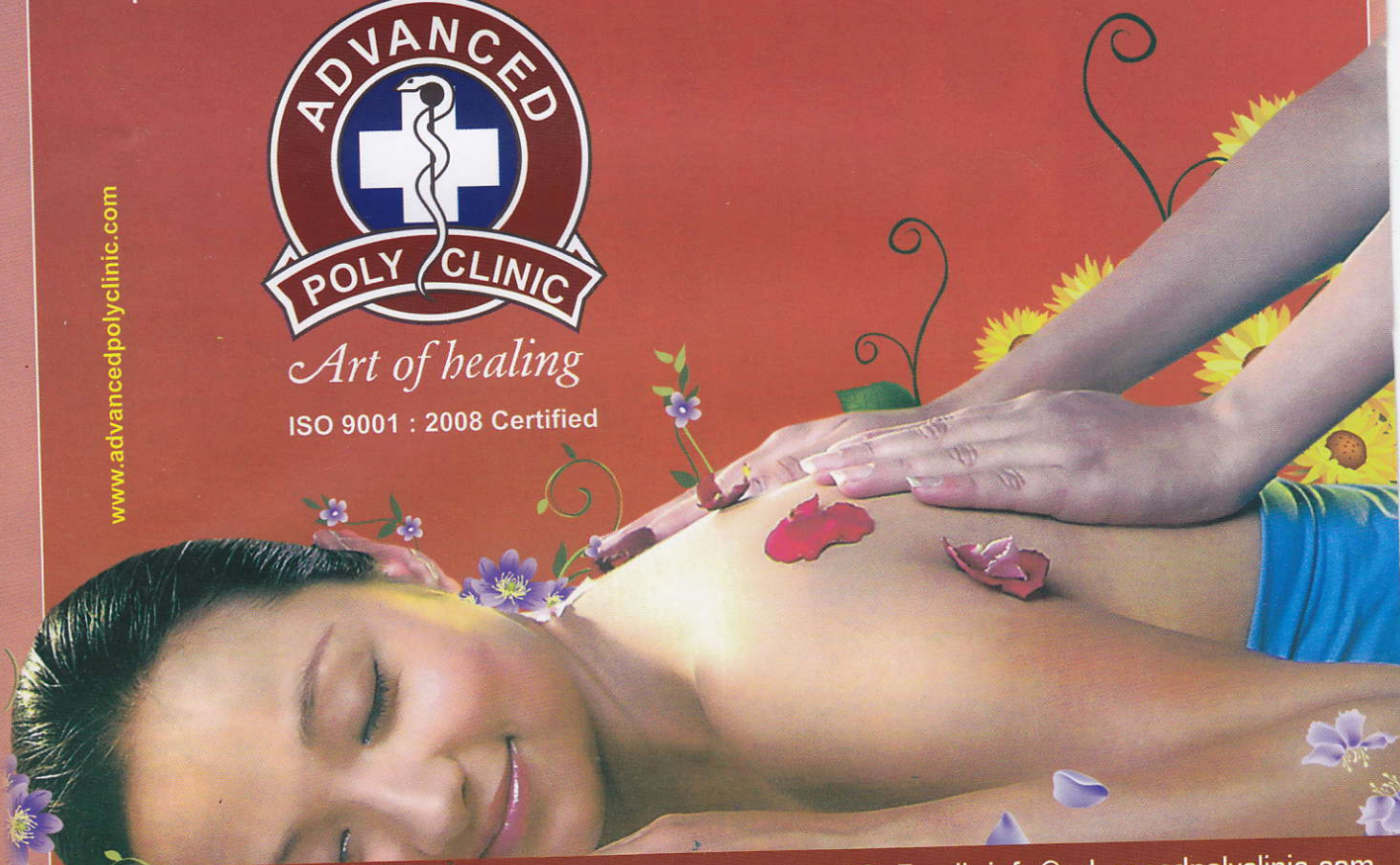
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From the Memory of my Twenty Five Years' Contact with the AOTS Alumni in Nepal



Dr. AKM Moazzem Hussain

As the General Manager of AOTS Dhaka Office, I contacted the AOTS Alumni in Nepal in 1985 and it was Mr. Purushottam Manandhar and Mr. Ashok Bania who responded to me immediately. By that time, they had also the contact from AOTS HQ.

I sent to them the Constitution and other relevant papers of Bangladesh AOTS Alumni Society (BAAS) and inspired them to form an AOTS Alumni Society in Nepal. They agreed and voluntarily started to work on the issue. In 1989, Mr. Yasuhiko Shirota (the then General Manager of the Overseas Affairs Department of AOTS HQ) and I had the first opportunity to visit Kathmandu to assure them of the formal support of AOTS to establish an alumni society in Nepal. Mr. Purushottam Manandhar, Mr. Ashok Bania and Mrs. Amira Dali came forward to take the leadership with the support of about 100 alumni. All necessary formalities were completed within a couple of months.

Late Mr. Nagaaki Yamamoto (the then Director General of AOTS Japan) came to Kathmandu in 1990 to formally inaugurate the Nepal AOTS Alumni Society (NAAS) and I had the opportunity to witness this historic event.

Mr. Ashok Bania arranged a space to house the NAAS Office and the alumni activities started one after another. In 1991, Mr. Sanu Raja Manandhar (owner of a motorcycle repairing shop in Kathmandu) came to Bangladesh as the first trainee under the "Inter-alumni Resource Exchange Program" (now called as the WNF Program). NAAS started to conduct seminars on different aspects of the "Japanese-style of Management" in Kathmandu and other cities of Nepal under a program called "Domestic Lecturing Tour" under the leadership of Mr. Dinesh Chapagain. For the domestic lecturing tour, I had the opportunity to accompany them to many cities in Nepal including Pokhara in the north-west and Biratnagar in the south-east and we totally enjoyed each and every tour. One historic event for us was our visit to Gorkha Brewery when their "Green Bottle Beer" was launched.

In the course of time, the NAAS Office was shifted to another place in Kathmandu. However, the members felt the necessity of having their own premises. But, the accumulation of enough funds was

the main problem to materialize such a dream. Then, in one of the AGMs of NAAS, I contributed some amount to create a fund for establishing a NAAS Building and requested the members of NAAS for making generous contribution to this fund. Within a period of two years, the fund became good enough to purchase a plot of land within the city area. Once the land was purchased, we started a further donation campaign for constructing a NAAS Building. Late Mr. Yamamoto came forward with a sizable amount of personal contribution. Corporate Membership was introduced by NAAS and several companies immediately came forward to become Corporate Members giving sizable amount of fees. In 1994, I had the great honour to lay the "Foundation Stone" of the NAAS Building and the members came forward to donate different types of construction materials along with their technical services. The building was completed within a year and it was formally inaugurated in 1995 during the SAFAAS Convention in Kathmandu. In recognition of the great moral support given by Late Mr. Yamamoto, NAAS named the building as "Yamamoto Talim Ghar" (YTG) which became a milestone in the entire alumni network of AOTS.

With the assistance of CICC and a Grass Root Grant Aid from the Embassy of Japan in Kathmandu, YTG started Computer Education Programs soon and NAAS became very active and vibrant within the next two years. The management training courses and seminars of NAAS also continued smoothly. By the year 2000, NAAS became one of the most successful AOTS Alumni Societies in the whole world and the credit goes to each and every member of NAAS.

During the last 15 years, NAAS has been successfully conducting "Regional Quality Convention/IT Convention" and implementing WNF Programs (especially between Nepal and Bangladesh) which are well appreciated by all concerned.

During the last 20 years, the most significant activity of NAAS has been the continuous publication of the "TALIM", its annual magazine. This is indeed a history in the entire alumni network of AOTS.

Some members of NAAS have also involved themselves in voluntary social activities creating tangible effect on the rural economy and environment of Nepal. We could see one example of such excellent activity in the "Success Story" of Mrs. Amira Dali which received an award during the 50th Anniversary Events of AOTS in October 2009.

Beyond my official relationship, I have grown a very strong brotherly bond with the members of NAAS during the last 25 years and I consider Nepal as my third home after Japan as the second. The members of NAAS honoured me with the "Sagarmatha Award" in 2006 and gave me all the love and affection during the past quarter century which will always inspire me to live longer. Let me just express my heartfelt gratitude to my brothers and sisters in Nepal. At last, let me wish NAAS to become the best alumni society within the entire alumni network of AOTS during the days to come.

Whatever You Do – Do It Perfectly

Dr. Denis Shrestha, MD

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I, along with fifteen other Nepalese cuddled inside a shuttle mini bus going from CKC to the nearest metro station, Joshui. The digital clock above the windscreen showed 6:12 pm. For most of us, it was our first visit to Japan, and the only Japanese word we knew was 'San', which is used at the end of every name while addressing a person in Japan. It was towards the end of winter and the beginning of spring, chilly, 3 degrees Celsius, windy, with cherry trees full of buds waiting for the right time to blossom. All the seats of the 16-seat minibus were now occupied by us and the driver was just finishing off the last puffs of his cigarette nearby. The bus was scheduled to leave at 6:15 pm. At 6:14 the driver entered the bus and bowed politely to all the passengers and glancing at the digital clock started the engine, but he didn't move it forward. All of us had arrived in Japan that morning and every one of us was anxious to start the tour of the country. We wondered what the driver was waiting for while he was merely staring at the digital clock. As soon as and only when the clock said 6:15 pm the bus began to move. We all went – "Wow!" This was our first impression of Japan.

We, the NPCM group, a group of twenty-eight Nepalese executives and business owners from different sectors and regions of Nepal went to Chubu Kenshu Center (CKC) in Nagoya, Japan for a 'Corporate Management Training Program' organized by AOTS, Japan and FNCCI. As the famous quote states 'first impression is the last impression', the incident on the bus displaying punctuality was strongly imprinted in most of our minds and will remain with us for a long time. The first lesson was learned even before the training itself had begun – 'time management'. During our stay we encountered many similar examples of accurate timing among the Japanese people. If it was a 7-minute break, it would exactly be 7 minutes long. If our training session was to start at 11:13 am after the break, the session would start exactly at 11:13 am; neither at 11:10 am, nor at 11:15 am, exactly at 11:13 am. If the train was schedule to leave at 10:56, it would leave exactly at 10:56; not a second sooner, not a second later.

The Japanese management system has become an example for the rest of the world. Management education institutions from the US and Europe have done extensive studies on the Japanese style of management. We, the NPCM group from Nepal, had this golden opportunity to learn the secrets of why Japan is today the second strongest economy in the world. What do the Japanese do that most of us don't? Why have many poor countries remained poor while the once poor Japan is now rich? Our 10-day intensive training program and our 14-day total stay in Japan taught us many things and revealed lots of secrets about Japanese management. For me, Japan was a living museum of management where there was something new to learn at every step.

14th March 2010. 1:00 pm. Arrival of NPCM group at CKC. The first thing I noticed was the politeness that the Japanese showed by bowing down. This started right from the immigration counter at the airport and continued even at the reception in CKC. Another secret to Japanese success: '*be polite to everyone*'. Everything was already arranged and ready at the reception with all our forms printed out with our names on them and our rooms already allocated. Every bit of detail had been taken care of. Here, I learned another secret – '*plan well and get organized*'. After the formalities were over and all twenty eight of us were checked in, a very polite receptionist requested us to gather in front of a huge TV screen at the

lobby for an orientation on the CKC Center. Although tired from long hours of flight, all of us gathered in front of the TV screen and watched a 23-minute video that had details about the center including our rooms, the facilities it had including air-conditioning, fire alarms, earthquake shelters, dining hall, classrooms, internet services, the fitness center, laundry services etc. Everything was well covered. The video was so informative that I never had to ask or read anything else on the CKC Center throughout my 14-day stay. For me, this was another lesson about the '*method of orientation for new employees*'. Instantly my brain processed this method, which would be very useful in providing orientation to the new employees that I hire; using audio-visual equipments. The orientation process for new employees would be more effective and it would take less time. The beautiful part was, this could be repeated again and again, which meant consistency.

Wow! the real training program had not even started, and yet I had already learnt four secrets of Japanese Management: 1) The importance of time management, 2) Politeness towards everyone, 3) Plan well and get organized, and 4) Orientation process using audio-visual equipments.

The ten days of training consisted of seven lectures – overview of Japanese SMEs, corporate management and management philosophy, corporate strategy, production management, marketing strategy, brand strategy and human resource development. We also had five study tours to different companies and factories like Toyota, Panasonic, Konan Tokushu Sangyo Co., Odawara City Hall, Suzuhiro Co., and Welding Alloys Japan. I will not go into details about the lectures but I will just outline and summarize what got imprinted in my mind; the things that can and need to be implemented by all companies and organizations in Nepal.

Japanese SMEs which account for 99.7% of the total number of companies in Japan and 69% of the total number of employees, were hit hard by the recent recession. Their survival was dependent on their ability to adapt. Neither the strongest and biggest companies survived, nor the most intelligent; the ones that survived were the ones who could adapt to the change. Thus Darwin's law of adaptation and his theory of evolution apply even today to businesses. This adaptation strategy should be made part of the foundation of corporate strategy after analyzing the external and internal environments – strength, weakness, opportunity and threat (SWOT analysis). Then we should come up with a) Company-wide strategy, b) business (competitive) strategy – individual business standpoint and segment standpoint, and c) functional strategy – strategy that is developed for each function such as sales, marketing, purchase, finance, HR, administration department.

Another important lesson I learnt – 'Management Philosophy'. The factor for growth, profit and success in any company in Japan was highly correlated with whether they had formulated their 'Management Philosophy' in writing. What then is 'Management Philosophy'? This question was raised several times during our lectures and every lecturer had his own definition, which only proved to me that 'Management Philosophy' is a term used only in Japan which basically states 'Vision' and 'Mission' of the company. But, 'Management Philosophy' might not just be the vision and mission of the company; it may also be the vision and mission of the owner of the company on what principles he/she is going to manage the company, its employees and its customers.

The whole topic of production management was taught in barely 45 minutes. We were asked to play the 'Production Game'. We were divided into 4 groups: A and B - manufactures, C and D - evaluators and advisors. As soon as the stopwatch started, A and B had to start taking necessary inventories (different shapes of paper and sticks) and start production. A diagram was displayed on the board that described the exact shape and place of the pieces in Oden (a Japanese fast food). The game was fun and feeling

of competition between groups A and B made it more exciting. The game was stopped in exactly 5 minutes, and groups C and D evaluated the products made by groups A and B. Conclusion: Group A made 10 Odens out of which only 1 was perfectly done that met the quality standard and Group B made 9 Odens out of which only 2 met the quality standard. Both teams had more than 100 Odens unfinished in the inventory. Then the same game was played again. This time round the teams were given 5 minutes for planning and consulting. The result improved drastically with increased number of quality products, less remaining in the inventory and less scrap. Thus the lesson learned – “plan the production process, organize and plan the production area, divide the responsibilities, manage the inventory, and control the quality.”

The high quality of products and services in Japan is also something that we remember. The secret behind this? “*Whatever you do, do it perfectly*”. If your job is to clean floors, clean it perfectly. If your job is to drive a bus, drive perfectly. If your job is to supervise, supervise perfectly. Small things done perfectly produced excellent big results.

‘SWOT analysis of a company’ was also an interesting game to play. We were provided with small yellow and pink post-it slips. Whatever came to our mind regarding ourselves and our own company (names, people, money, sales, etc.) each had to be written in one yellow slip. The target was to use more than 200. Then anything that came to our mind regarding things outside of ourselves and our company (names, politics, economy, weather, etc.) each had to be written on the pink post-it slip. Then for each colour we had choose the top 20 positive factors and the top 20 negative factors. Yellow top 20 positive factors were our strength and yellow top 20 negative factors were our weaknesses. Pink top 20 positive factors were our opportunities and negative our weaknesses. Thus, SWOT analysis was done in no time. Based on this kind of SWOT analysis, we can formulate our business and marketing strategies.

Brand strategy was also beautifully explained with an example of strawberry farming. Company ‘Momo Ichigo’, after doing simple research managed to produce a large size organic and very tasty strawberry. They named it ‘Momo Strawberry’ and priced it much higher than any other strawberries. The method of farming was patented and kept very secret. Very soon the whole of Japan came to know about this Momo brand strawberry and it was in high demand. Even strawberry ice-cream made from Momo strawberry was more expensive than any other strawberry ice-cream. This simple example showed the necessity of branding even if it was only strawberry, and the difference between branding and marketing. Strategy for sales of large quantity is marketing, strategy for improvement in quality and addition of value is branding.

Out of the many factories we visited, the Toyota plant was the most fascinating with the usage of high-tech robots. ‘Kaizen’, a Japanese word for continuous improvement and ‘JIT – Just in Time’ inventory management implemented by Toyota are well known. For me, the robots were impressive but they were not the most important lesson. The interior work of each car was carried out by humans on a moving conveyer. Each person was designated specific work. If one’s job was to install the headlights, he would only install headlights on a continuously moving conveyer. Once his work on a car was done, he would instantly move on to the next car and repeat the same process. It was like a pit-stop in a Formula 1 race, where the car is refueled, all tires are changed, damages repaired, and all this within 7 to 10 seconds. There were fifteen people whose works were accurately defined thus.

Our fourteen-day stay in Japan was very fruitful and I am very grateful to the Government of Japan, AOTS, the CKC family, FNCCI and the entire NPCM group, who made me wiser than yesterday. Final words – “Winners do not do different things, they do things differently”.

Chronology of Nepal AOTS Activities

-Compiled by: Ms. Amira Dali, Advisor, Immediate Past President

Year	Main Activities
1968	sFirst Nepalese AOTS trainee returned to Nepal.
1986 Feb.	sMr. N. Yoshimura of AOTS Japan visited Nepal to gather ex-trainees.
1989 June	sAd hoc committee of Nepal AOTS Alumni Society (NAAS) formed
1989 July	sMemorandum of Association of NAAS drafted.
1989 December	sNAAS humbly inaugurated by Mr. Y. Shiota, then General Manager of AOTS in the presence of Dr. AKM Moazzem Hussain, then General Manager of AOTS Dhaka Office. sGeneral Body meeting held in the presence of Mr. Y. Shiota and Dr. AKM Moazzem Hussain.
1990	sParticipated in First SAFAAS Convention held in Colombo, Srilanka.
1991	sParticipated in Second SAFAAS Convention held in Karachi, Pakistan.
1991 January	sNepal AOTS Alumni Society (NAAS) officially registered with Chief District Office, Kathmandu.
1991 March	sFirst Annual General Meeting held in the presence of then Director General of AOTS, Late Mr. Nagaaki Yamamoto. sFirst volume of TALIM published
1991 November	sNAAS office (space provided free of cost by Mr. Ashok M.S. Bania) inaugurated by Dr. AKM Moazzem Hussain and Mr. P.N. Manandhar, then president of NAAS.
1992 January	sStarted Japanese language class.
1992 June	sSecond AGM held in the presence of Mr. K. Nakashima, then General Manager of AOTS, New Delhi Office and Dr. AKM Moazzem Hussain; new Executive Committee elected through general consensus. sOrganized a talk program on Japanese Management
1992 November	sOrganized 3-week training program on "Basic Tools of Management (BATOM)" sParticipated in Third Convention of AOTS Alumni Societies held in Bangkok, Thailand.
1993 February	sFirst Lecturing Tour program of AOTS by Mr. Isamu Ohara, then Managing Director of Chu-San Ren.
1993 June	sThird AGM held in the presence of Mr. K. Nakashima, then General Manager AOTS, New Delhi office. sSeminar on "Introduction to Japanese Language Teaching Technique" by Mr. K. Nakashima.
1993 September	s2-day seminar under Lecturing Tour program on "Dynamic Behavior to Motivate People" by Late Mr. T. Akimoto.
1993 October	sSeminar on "Profitability Analysis" by Prof. S. Fujita.
1993 November	sParticipated in Third SAFAAS Convention held in New Delhi.
1993	sPurchased 4 anna (127.24sq.m.) of land at Koteswor, Kathmandu.
1993 December	sWelcomed Follow-up Mission of Mr. S. Miyamoto.
1994 June	sFourth AGM held in the presence of Mr. N. Takeuchi, then General Manager of AOTS, New Delhi Office; election of new Executive Committee sParticipated in Fourth Convention of AOTS Alumni Societies held at Osaka, Japan. sMemorandum of Cooperation signed between NAAS and Nigeria AOTS Alumni Society.
1994 September	sFoundation stone for NAAS building laid jointly by Dr. AKM Moazzem Hussain and Mr. P.N.

Year	Main Activities
	Manandhar.
1994 October	sThird Lecturing Tour by late Mr. T. Akimoto organized.
1994 December	sDispatched the first group of Nepalese entrepreneurs (PNEE-1) to Japan for group training.
1995 March	sOne and half day seminar on Japanese Management for "Improvement for Quality and Productivity" organized in Hetauda. sDispatched 16 Nepalese entrepreneurs under PNEE-2 to Japan for group training.
1995 June	sFourth AGM held in the presence of Mr. M. Sato, then General Manger of AOTS, Japan. sThree awards established - (1) Award of Appreciation (2) Yamamoto Award and (3) Sagarmatha Puruskar. sThe newly built NAAS building named Yamamoto Talim Ghar (YTG).
1995 July	sA week-long Overseas Training Program (OTP-1) on "Management of Garment Factory" organized with the cooperation of AOTS, Japan, Juki Corporation, Japan and Juki Singapore.
1995 September	sFourth Lecturing Tour organized by Late Mr. T. Akimoto. sA week-long program on "Improvement of Workplace through Japanese Management using QC and 5S Techniques" organized in Hetauda.
1995 December	sDispatched group of 24 Nepalese entrepreneurs under PNEE -3. sStarted Inter-AOTS Alumni Society Resource Exchange Program from Bangladesh. sOrganized Fourth SAFAAS Convention in Kathmandu sNAAS building inaugurated by late Mr. Nagaaki Yamamoto, then Director General of AOTS, Japan. sConferred the following awards: 1. Sagarmatha Purushkar to Late Mr. N. Yamamoto. 2. Yamamoto Award to Dr. AKM Moazzem Hussain, Mr. P.N. Manandhar and Mr. Ashok M. S. Baniya. 3. Award of Appreciation to M/S Shimizu Corporation. Nepali Cherry Tree (Himalayan Sakura) planted by late Mr. N. Yamamoto at YTG premise.
1996 January	sOrganized 6-day training on "Management of Construction Projects" under (OTP-2) with the cooperation of Shimizu Corporation sOrganized one-day seminar on Japanese Management for "Improvement of Quality and Productivity" at YTG. sOrganized DLT-2 two-day seminar on Japanese Management for "Improvement of Quality and Productivity" at Pokhara.
1996 February	s2-day training on "BATOM" held at YTG.
1996 March	sOrganized half-day seminar on "Kaizen" at YTG by Prof. S. Fujita.
1996 April	sOrganized 5-day workshop on "Quality Circles in Improving Employee Relations" at Nebico Pvt. Ltd with resource person from Bangladesh under Inter-Alumni Resource Exchange Program.
1996 May	sDispatched 16 entrepreneurs to Japan for training under PNEE-4. sDispatched resource person to Dhaka under Inter-Alumni Resource Exchange Program for

Chronology of Nepal AOTS Activities

Year	Main Activities	Year	Main Activities
	training program on "Productivity Improvement Techniques".	1998 June	sEight AGM held in the presence of Dr. AKMM Hussain.
1996 May ~ June	sPurchased first computer for NAAS secretariat.	1998 July	sDLT -5 organized at Narayanghat.
	sDispatched two trainees to Dhaka under Inter-Alumni Resource Exchange Fund on "Design and Fabrication of Metal Furniture".		sOrganized "Introduction to Japanese Style Management" seminar for Kathmandu Lady Jaycees.
	sReceived trainee from Bangladesh under Inter-Alumni Society Exchange program on "Manufacturing and Marketing of Cottage Industry Products".	1998 August	sReceived grant of Laptop computers from CICC, Japan.
1996 June	sSixth AGM held; election of new Executive Committee		sReceived logistics for Computer School under grass root grant of Embassy of Japan.
1996 July	s4-day training program (DLT-4) conducted in Biratnagar on "Improvement of Quality and Productivity".		sEstablished Nepal AOTS Computer Training Center (NACTC).
1996 August	sJapanese language class at YTG inaugurated by Mr. S. Katsuyama then Managing Director of AOTS, Japan.		sReceived follow-up mission of ex-trainees from AOTS Japan.
	sOTP-3 on "Hotel Management" organized jointly with Himalaya Kanko Kaihatsu; resource person - Mr. Rick Masuda.		sOTP-7A organized on "Tourism and Hotel Marketing Management".
	s2-day seminar on "Export Promotion of Nepalese Products to Japan" by Mr. T. Ikawa organized.		sOTP-7B organized on "Resort Marketing and Management".
1996 September	sLaunched first computer training program at YTG. (CTP-1).	1998 September	sLecturing Tour program on "Total Quality Management and ISO 9000" by Prof. Noriaki Kano.
1996	sOrganized OTP-4 on "Management of Garment Factory" with the cooperation of Juki Corporation, Japan and Juki Singapore.		sDispatched two trainees to Dhaka on "Industrial Sewing Machine Maintenance Technology" under Inter Alumni Resource Exchange program.
1996 November	sOrganized one-day seminar on "Japanese Cooperation on Human Resource Development in Nepal" to mark 40 th year of Nepal-Japan diplomatic relation.	1998 November	sMr. M. Asao visited NAAS at YTG.
1996 November	sDispatched 23 Nepalese entrepreneurs to Japan under PNEE-5.		sDispatched group of entrepreneurs under PNEE -6 to Japan.
1997 January	sOrganized training on "ISO-9000 and Quality Improvement Management" in cooperation with Kathmandu University.		sBecame signatory to 2nd WNF Management Committee.
	sTraining on "Japanese Management for Improvement of Quality" under DLT-4 at Butwal.		sParticipated in 5th SAFAAS Convention held at Dhaka; proposed SAFAAS Training and Information Center (STICK).
1997 February	sOrganized half-day talk program on "Management by Quality (MBQ)" at YTG for NAAS members; resource person - Prof. Dinesh Chapagain.	1998	sCelebrated 3rd anniversary of YTG.
1997 April	sOrganized Computer Training Program (CTP-2) at YTG.		sOrganized OTP-8 on "Printing Technology and Management" jointly with Bunshodo Corporation, Japan
1997 May	sOrganized Training of Trainers (TOT) with resource persons from Bangladesh under Inter-Alumni Resource Exchange Program.	1999 January	sMr. M. Ikeda and Mr. Y. Atsumi of CIC visited YTG.
1997 June	sSeventh AGM held.	1999 March	sDispatched group of entrepreneurs under PNEE-7 to Japan.
1997 August	sOTP-5 on "Hotel Management and Tourism Marketing Management" organized in Kathmandu and Pokhara.	1999 April	sOrganized "Regional Convention on Quality Management" in cooperation with AOTS, Japan and FNCCI.
	sLecturing Tour program on "How to Motivate Workers" by Mr. T. Ikawa.		sSAFAAS meeting with representatives from Sri Lanka, Bangladesh, Pakistan, AOTS offices at New Delhi and Bangladesh.
1997 September	sParticipated in Fifth AOTS Alumni Society Convention held at Nagoya, Japan.	1999 May	sDispatched group of entrepreneurs under PNEE-8 to Japan.
	sNAAS became signatory to the establishment of WNF as agreed during the Fifth Convention of AOTS Alumni Society at AOTS, Nagoya.	1999 June	sNinth AGM held.
1997 November	sOTP-6 on "Management of Garment Factory" implemented jointly with Juki Corporation.		sStarted BCLT (Basic Computer Literacy Training) by NACTC at YTG.
1997/98 (Dec./Jan)	sAccepted trainee from Bangladesh on "Plant Tissue Culture" under Inter-Alumni Society Exchange program.	1999 July	sParticipated in Regional Convention on Japanese Style Management in Colombo, Sri Lanka.
1998 January	sConducted CTP-3 at YTG.		sParticipated in Fourth Quality Convention held in Dhaka, Bangladesh.
			sReceived trainee from Chattagaon on "Design and Manufacturing of Handmade Tibetan Carpet" under WNF.
		1999 August	sEstablished JASMAN.
		1999 September	sLecturing Tour Program on "PC Network System Design" held with the cooperation of CICC.
		1999 November	sTwo-day seminar on "Environment at Protection" organized with the support of AOTS, Japan and Japan Environmental Cooperation (JEC).
		1999 Nov/Dec.	sDispatched two trainees to Chattagaon on "Flour Milling Technology" and "Automobile

Chronology of Nepal AOTS Activities

Year	Main Activities	Year	Main Activities
1999 December	Assembling Technology" under WNF. sFour-day seminar on "Telecommunication Network Planning" organized with the cooperation of NEC Corporation, NEC International Training Ltd., Sumitomo Corporation and AOTS, Japan sOrganized OTP-9 on "Printing Technology and Management" with the cooperation of Bunshodo Corporation, Japan. sReceived a trainee for "Plant Tissue Culture Technology" from Bangladesh under WNF.	2001 April/May	sDispatched two trainees to Bangladesh for training on "Quality Management" under WNF.
2000 January	sOrganized on-site training program on "Object-oriented System Design and Development" at YTG. sPurchased 170 sq.m. adjoining land of YTG for extension.	2001 June	sAttended special meeting on reviewing AOTS-NAAS relationship at Bangkok.
2000 March	sOrganized an exhibition "Semblance Nepal and Japan" to commemorate the 100 th anniversary of the visit of Japanese Monk Rev. Ekai Kawaguchi.	2001 July	s11th AGM was held in the presence of Mr. S. Miyamoto, then General Manager of AOTS, New Delhi Office.
2000 April	sConducted half-day seminar on "Japanese Management" at Siddhartha Apollo Hospital.	2001 September	sNACTC conducted "Advanced Training to Computer Teachers" at YTG.
2000 May	sDispatched group of entrepreneurs under PBNE-9 to Japan. sCommemorative video flip on NAAS prepared to mark 10 years of NAAS. sDispatched two trainees each for training on "Quality Management in Garment Factory" and "Maintenance of Motorcycle" to Bangladesh under WNF.	2001	sNACTC conducted a number of BCLT to 199 participants during the year.
2000 June	sTracer study of ex- trainees conducted. sJASMAN conducted two-day training on "Global Business Environment and Productivity Improvement" in cooperation with NEFOSTA at Chitwan. s"NAAS Vision 2000" announced. s10th AGM was held; election of new Executive Committee. sOrganized Commemorative Ceremony to mark 10th anniversary of NAAS in the presence of then Prime Minister Rt. Honorable Mr. Sher Bahadur Deuba, Mr. K. Ito, then president of AOTS, Dr. AKM Moazzem Hussain, then representative, AOTS Dhaka office. sOrganized talk program on "Human Resources Development in Nepal in New Millennium" under the Chairmanship of then member of National Planning Commission, Dr. Shanker Sharma.	2001 September	sOrganized Second Regional Quality Convention "Building Competitive Environment through Quality" under WNF. Mr. N. Yamamoto was the special speaker.
2000 September	sDispatched trainee to India for the training on "Material Handling" under WNF. sReceived follow-up mission representatives of CICC, Mr. Nakajima and Mr. A. Miyazaki at NACTC.	2001 November	sReceived team of CICC at YTG.
2000 October	sAttended the 5 th Annual Quality Convention in Dhaka, Bangladesh under WNF sReceived trainee from Bangladesh on "Plant Tissue Culture" under WNF.	2001 November	sNACTC launched JOT -1 (Job Oriented ~ January 2002 Training) on computer hardware.
2000 Nov ~ 2001 May	sNACTC conducted two Computer Application Training programs each of 6-month duration at YTG.	2001 December	sDispatched two trainees to Bangladesh on ~ 2002 January "Automobile Assembling and Maintenance Technology" under WNF.
2001 February	sJASMAN conducted half-day seminar on "Japanese Style Management" at Royal Drugs Ltd. sAttended extraordinary meeting of SAFAAS held at New Delhi.	2001 December	sOrganized OTP-10 on "Printing Technology and Management" with the cooperation of Bunshodo Corporation, Japan and Nepal Lithographing Co. Pvt. Ltd.
2001 March	s3-day Training Program on TQM was conducted at YTG.	2002 March	sDispatched two trainees to Hyderabad, India under WNF for "Training on Plant Tissue Culture".
		2002 April/May	sDispatched two trainees to Bangladesh on "Manufacturing of Quality Ceramic Tableware" under WNF.
		2002 July	sHeld 12 th AGM; election of new Executive Committee.
		2002 October	sAttended 6 th convention of AOTS Alumni Societies held in Sri Lanka.
		2002 November	sDispatched resource person to 7th Annual Convention organized by BSTQM in Bangladesh. sReceived visitor from METI, Japan, accompanied by Dr. AKM Moazzem Hussain.
		2002 December	sLaunched NAAS website.
		2003 January	sWelcomed Mr. K. Miyata, President, Meiken Consultants Co. Japan together with DGM of Meiken.
		2003 February	sWelcomed Mr. S. Ogawa, then President of AOTS, Japan along with Mr. Y. Nagoya and Dr. AKM Moazzem Hussain. sOrganized OTP-11 on "Design and Management of Infrastructure using IT" with the cooperation of Meiken Consultants Co. sSigned agreement with AOTS, Japan in connection with recruitment and recommendation of participants and other works.
		2003 March	sDispatched 28 Nepalese IT entrepreneurs to Japan under the NEIT program initiated by then Prime Minister of Japan Mr. Y. Mori. sDispatched two trainees to Bangladesh on "Quality Management in Pharmaceutical Industries" under WNF.
		2003 May	sDispatched 10 Nepalese entrepreneurs under BNTF sOrganized training on TQM jointly with Association of Pharmaceutical Producers of Nepal (APPON), at YTG.
		2003 July	sHeld 13 th AGM in the presence of Dr. AKM Moazzem Hussain, then General Manager of AOTS Dhaka Office.

Chronology of Nepal AOTS Activities

Year	Main Activities	Year	Main Activities
	sOrganized 5-day WNF training program "Tourism Management with Focus on Adventure Tourism" in association with Nepal Tourism Board; participated by 10 participants from SAFAAS region.		"Sagarmatha Award", the highest award of NAAS, and "Yamamoto Award" to Mr. M. Sato.
2003 August	sOrganized in-house Talk Program on EPCM under JASMAN.	2006 September	sAttended 7 th AOTS Convention held at Mumbai, India.
2003 October	sConducted half-day seminar on "Workplace Improvement through Quality Circle" at Siddhartha Hospital.	2006 November	sParticipated in the city parade to commemorate Golden Jubilee Celebration of Nepal-Japan Diplomatic Relationship.
2003 December	sOrganized in-house Talk Program on "IE Techniques for Scientific Kaizen Proposal."	2007 January	sReceived two-member team from CICC.
2004 January	sAttended 6 th Convention of SAFAAS held at Chennai, India.	2007 May/July	sConducted two-month training on "Graphic Design".
	sOrganized DLT program conducted by Prof. Y. Ando of JUSE.	2007 July	sOrganized "Nepal-Japan IT Business Promotion Convention" with Mr. K. Kurokami as the keynote speaker.
2004 March	sDispatched 10 Nepalese entrepreneurs to Japan under BNPM.		s17 th AGM held in the presence of Mr. Yasumi Suzuki, General Manager of AOTS, New Delhi Office.
	sDispatched 21 Nepalese IT entrepreneurs to Japan under NEIT.	2007 August	sOrganized 5-day training program on "Automobile Maintenance Technology" under WNF with a resource person from Bangladesh.
2004 May	sReceived group of visitors from Osaka, Japan.	2007 October	sOrganized one-day workshop on "Workplace Improvement" at YTG.
	sDispatched 8 Nepalese entrepreneurs to Japan under BNTP.	2007 November	sAttended 8 th SAFAAS Convention held at Lahore, Pakistan.
	sHeld first meeting to promote Nepal-Japan IT Business.	2007 December	sOrganized in-house talk program on "QC Seven Step Formula for Problem Solving" at YTG.
2004 July	sOrganized Third Quality Convention with Dr. Noriaki Kano as a keynote speaker and resource persons from FAAI and NAAS.	2008 May	sOrganized welcome party in honour of H.E. Ambassador of Japan to Nepal, Mr. T. Mizuno.
	s14 th AGM held in the presence of Mr. M. Ujie, then Representative of AOTS, New Delhi Office; election of new Executive Committee	2008 June	sOrganized Ikebana class at YTG.
	sNQPCN (Network for Quality, Productivity and Competitiveness Nepal) was formally inaugurated by Prof. N. Kano.	2008 July	s18 th AGM held in the presence of Mr. Yasumi Suzuki, General Manager, AOTS New Delhi; elected new Executive Committee.
2004 November	s50 Notebook computers arrived from Toyonaka International Friendship Association (TIFA), Japan to be distributed to public schools in Kathmandu and to observe Net Day.	2008 October	sOrganized seminar on "Quality for Economic Growth" with Prof. Dr. N. Sasaki as the keynote speaker under WNF.
2005 January	sCelebrated first Net Day at Shanti Nikunja School after the gift of 10 laptops to school.	2008 November	sReceived two trainees from Bangladesh on "Training on Tour Operation and Tourism Management" under WNF.
	sOrganized training cum workshop on "Total Quality Management and ISO 9000" jointly with APPON at YTG.		sParticipated in Japanese festival "Cool Japan" organized by Japanese Chamber of Commerce in Nepal.
2005 May	sReceived Mr. M. Miyata, President Meiken Digital Co. Ltd., Japan at YTG.	2009 April	sReceived AOTS President Mr. K Kaneko together with Mr. Yasumi Suzuki and Mr. Masashi Kita.
2005 July	sHeld 15 th AGM in the presence of Mr. M. Ujie, then Representative of AOTS New Delhi Office and Dr. AKM Moazzem Hussain, then Representative AOTS, Bangladesh.	2009 July	s19 th AGM held
2005 December	sAttended the ceremony of remembrance of Late Mr. N. Yamamoto held in Tokyo.		sTree plantation in Ranibari, Lazimpat with the cooperation of Loya Green Nepal to commemorate 50 th anniversary of AOTS Japan
2006 January	sReceived a trainee from Bangladesh on "Tissue Culture Technology and its Application in Commercial Laboratories" under WNF.		sOrganized training cum workshop on "IT Project Management" in association with AOTS, Japan, HLCIT, ITPF, FNCCI, JCCN and NITC; resource person from Bangladesh.
2006 June	sOrganized open forum for ex-trainees of CICC to discuss on further development in IT business.	2009 October	sParticipated in 8 th Convention of AOTS Alumni Societies in Yokohama, Japan, and special function to commemorate 50 th Anniversary of AOTS, Japan
2006 July	sOrganized Fourth Regional Quality Convention with the support of AOTS, Japan		sReceived Grand Prix Award for Success Story in the Social Contribution sector among 10 success stories selected from 198 participants of world alumni societies.
	s16 th AGM held in the presence of Mr. M. Sato, then Director, AOTS, Japan and Dr. AKM Moazzem Hussain, then Representative to Dhaka of AOTS, Japan, Ms. Mori Kaneko, AOTS, Japan and Prof. S. Kubota; election of new Executive Committee.	2009 November	sOrganized 3-day training program on "Quality Management for the Pharmaceutical Sector" under WNF with the cooperation of APPON; two resource persons from Bangladesh.
	sHonoured Dr. AKM Moazzem Hussain with		

LIST OF LIFE MEMBERS

Nepal AOTS Alumni Society

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17	Bhattarai, Madhusudan	Lumbini Finance & Leasing Co. Ltd.			madhusudanbhattarai@hotmail.com	
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19	Bhurtel, Mrigendra			4601118		
20	Bista, Pradeep Kumar			4428353	nepal_looms@wlink.com.np	
21	Chalise, Raju Nath	Tibetan Rugs P. Ltd./ Kathmandu Dying	5534177, 4362131	5536885		
22	Chapagain, Dinesh Prasad	Machhapuchhre Bank Limited		5524319		
23	Chapagain, Shanti	NQPCN	4417959	4471118	dinesh.chapagain@yahoo.com	057-520655
24	Chhetri, Dhiraaj Kumar Karki	BISCONS Consulting Firm	4227470	4241658	DINESH@biscons.wlink.com.np	5590817
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26	Dali, Durgesh Raj	Sanpo International Corporation	5592895	4270763	sanpoktm@mos.com.np	071-544488
27	Dhoju, Devendra Prasad	Nepal Airlines Corporation	4248626	4270763	butwal@finance.btw.wlink.com.np	
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31	Joshi, Bhawani Bhakta	BTC Private Limited	5520187	4351939	starlml@wlink.com.np	4226314
32	Joshi, Sushiel	Star Investment Co. Pvt. Ltd.	4239812		hbl@hbl.com.np	
33	Jyoti, Padma	Himalayan Bank Ltd.	4250201, 4227749	4221290	piyoti@mail.com.np	5526985
34	K. C., Krishna Bahadur	Jyoti Group of Companies	4225490, 4226327	071-560091	nandabattery@hons.com.np	056-520994
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37	Kathayat, Mahesh Singh	Gorkha Brewery (P) Ltd.	056-520741	9841210535	msk_nitc@nitc.gov.np	
38	Kansakar, Naveen Bir Singh	National Information Technology Center	4242843	4270749	nbs@mos.com.np	
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42	Lama, Bakhan Singh	Pooja Fashion Industries Pvt. Ltd.	4491021, 4464014	4373910	singhdan@mos.com.np	
43	Maharjan, Dhruva	Ministry of Physical Planning	5535614	5545628		
44	Maharjan, Kishor Kumar	Sunrise Bank Ltd.	4444118	5529275		
45	Malla, Rajendra	Asiatic International Traders Pvt. Ltd.	4222384, 4231107	4472606	mallaraj@wlink.com.np	4494018

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54	Mudbhary, Kiran Kumar	Mudbhary & Joshi Construction P. Ltd.	4241182	4270771	mjc@mos.com.np	
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56	Nepal, Arati	Nepal Paper Crafts Pvt. Ltd.	4231729	4470887	ritaniwas@wlink.com.np	4413038
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61	Paneru, Binod Raj	Bhatbhateni Communication Centre	4413186, 4413375	4413186	paneru@wlink.com.np	4416144
62	Piya, Barun	Kastamandap Trade Links	4428647, 4438622	4410737	bpiya@wlink.com.np	4411072
63	Pradhan, Chandra Man	Central Finance Co. Ltd.	5522289, 5536420	4228270	central@ntc.net.np	5540842
64	Pradhan, Dinesh	Kagaj Kothi	4246578	4279619	kagajkothi@wlink.com.np	
65	Pradhan, Gautam Lal	Nepal Express Travel Service Pvt. Ltd.	4221277	4434816	nepalexpress@mail.com.np	4252566
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70	Rajbhandari, Devraj	Arnico Nirman Company P. Ltd.	4474003	4478852	elite@ccsl.com.np	4478853
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72	Rajbhandari, Sarju	Mercentile Communications Pvt. Ltd.	4240920	4474511	sarju@mos.com.np	
73	Rajbhandari, Sunil	Nanis Fashion/Highland Pashmina	5524113, 5549005	5524113	sunilraj@wlink.com.np	5535554
74	Rajbhandari, Ujjal	Himalayan Bank Ltd.	5535556	4221092	ujjal@hbl.com.np	4416218
75	Rajkarnikar, Ramesh	Krishna Puroti Pvt. Ltd.	4411452	4415058	shreyas@wlink.com.np	4271439
76	Rajkarnikar, Shant Raj	Nebula Fruit Products	4270166	4270309		4266459
77	Rijal, Sanjeev	Nepal Jute Industries	9851022856	4411205	ctravels@mos.com.np	
78	Sapkota, Durga Lal	Nepal Material Handling Engg.	056-501125			044-630171
79	Shah, Satya Narayan					
80	Shakya, Asta Bahadur	ABC Screen Printing	4278849	4278849	ambassador@ambassador.com.np	4418832
81	Shakya, Bindu	Hotel Ambassador P. Ltd.	4410432	4417041	kiran@gurans.com	5533603
82	Shakya, Kiran Narsing	Subash Printing Press	5533191, 5533603	5551905	djpl@wlink.com.np	4435166
83	Shakya, Mani Ratna	Deurali-Janta Pharma Pvt. Ltd.	4371061	5532667	otard@mos.com.np	4416720
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88	Shrestha, Imojini	Modern Printing Press	4253195	4253195		
89	Shrestha, Krishna Mohan	Surya Confectionery P. Ltd.		061-525090		061-530500
90	Shrestha, Prabin Krishna	Machhapuchhre Bank Ltd.	4150201	5533009	mb@mos.com.np	5011671
91	Shrestha, Prakash Rudra	Nepal Consult P. Ltd.	5523763, 5011534	4411896	nc@wlink.com.np	5526098
92	Shrestha, Pratul Lal	Orbit International Pvt. Ltd.	5524944, 5524844	4265653	orbit@mos.com.np	5540842
93	Shrestha, Rajoj Man	Central Finance Co. Ltd.	5522289, 5544517	5522289	central@ntc.net.np	4240118
94	Shrestha, Radhika Ranjitkar	Quality Printout	4247730	4432509		
95	Shrestha, Ramesh Bahadur	Ajima Wool Carding & Spinning Udhhyog	4474679	4355395	sematravels@wlink.com.np	4412746

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96	Shrestha, Rohini	Sana Hastakala	4436631	4428640	sanahast@wlink.com.np	5526985
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98	Shrestha, Shashindra	NEBICO Pvt. Ltd.	4350541, 4350130	4372346	shashi@nebico.wlink.com.np	4249477
99	Shrestha, Suman Bahadur	Ace Finance Company Limited	4249396, 4249388	4491176	ace@mos.com.np	4354373
100	Shrestha, Surendra Bahadur	Kathmandu Maida Mills Pvt. Ltd.	4350385, 4350527	4277475	sajas@ccsl.com.np	4227983
101	Shrestha, Surendra Das	Balaju Engg. & Structure Works (P) Ltd.	4350302	5520466	shepaco@mos.com.np	4248845
102	Shrestha, Urmila	Sherpa Cooperative Trekking Pvt. Ltd.	4224068	4223564	yogen@mail.com.np	4224553
103	Shrestha, Yogendra Prasad	Nepal Share Markets Co. Ltd.	4267606	5535308	subas5@hothail.com	
104	Silwal, Subash			4256529		
105	Singh, Prabhendra Lal	Lazimpat Metal Engg. Works	4428506	4415404	lazimpatmetal@gmail.com	
106	Singh, Ram Kumar	BISCONS	4420865	4244515	rmsingh@biscons.wlink.com.np	4271693
107	Singh, Ramesh Man	Karma Tara Carpet Ind. Pvt. Ltd.	4270275, 4271015	4275324	sharmaco@ntc.net.np	4260628
108	Subedi, Purushottam	Sharma & Company Pvt. Ltd.	4260210, 4260577	427122C	prasuma@ccsl.com.np	4310671
109	Subedi, Ramesh Prasad	Prasuma's Delicatessen (P) Ltd.	4310336, 4310672	4312035	suwalprakash@gmail.com	4350916
110	Suwal, Mahendra		4231695	4247491	hyonjan@wlink.com.np	
111	Suwal, Prakash Raj Singh	Hyonjan Elect. Engg. Fabricator P. Ltd.	4364961, 2082298	4366215	iyoti@rugalaxy.com	4227428
112	Tamang, Dev Raj	Institute of Engineering	5534070	4363863	nide@wlink.com.np	4242625
113	Tandukar, Jyoti	NIDC	4228322	4472812	emailenet@indo.com.np	4245835
114	Thapa, Bhagat Bahadur	International Motorcycle Spare Parts	4418161	4272038	csb@ccsl.com.np	4422387
115	Tuladhar, Indu Ratna	Kathmandu Repair Centre	4226344, 4246518	5523964	ncchem@wlink.com.np	
116	Tuladhar, Janak Raj	Nepal Chemical Traders	4415753, 4423197	4415754	bi_vaidya@hotmail.com	5591349
117	Upreti, Prajesh Nath	Institute of Engineering	5532235	4229374	nbn@mail.com.np	5011068
118	Vaidya, Binod	Nepal Biotech Nursery (Pvt.) Ltd.	5591349	4271073	rameshv2@yahoo.com	4227428
119	Vaidya, Brajesh	Professional Computer System (P) Ltd.	5543554	4374082	shivjeeR@yahoo.com	
120	Vaidya, Ramesh Nanda	Nepal Industrial Dev. Corporation	4228322	4480415		
121	Yadav, Shivjee Roy					

ATTENTION NEPAL AOTS MEMBERS !!

Nepal AOTS monthly meeting is held first Monday of every English month at Yamamoto Talim Ghar (ITG), Koteswor. All members are Welcome to attend the meetings and provide valuable suggestions and advice

Time 5: 30 p.m (Summer) and 5: 00 p.m. (Winter)

LIST OF GENERAL MEMBERS

Nepal AOTS Alumni Society

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2	Adhikari, Bimal Prasad	Kathmandu Metropolitan City	4268506	4280818	bimal36@yahoo.com	4363421
3	Adhikari, Shankar Kant	Mount Everest Trading & Service P. Ltd.	4467223	4363421	mets@ccsl.com.np	
4	Adhikari, Sita Ram			4371926		
5	Adhikary, Asha	Sunrise Bank Ltd.	4444118	4426674		
6	Agrawal, Ashwini Kumar	Shakun Tea Industries	4282820	428674	agrawal_ashwini@hotmail.com	4282830
7	Agrawal, Ratan Lal	Inter-Tech P. Ltd.	071-540147	071-540471	npl@atcnet.com.np	071-543471
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9	Aryal, Srijan	Integrated consultants Nepal	4470933	4331903		
10	Aryal, Suman Raj			4420357		
11	Awale, Asha Kaji	Habitech Nepal Pvt. Ltd.	5521295	5532427	ashakajawale@yahoo.com	
12	Bajracharya, Navin Siddhi	IT Himalayn	4416432		navsidhbajra@hotmail.com	4418832
13	Bajracharya, Prakash	Bajra & Bajracharya Enterprises	5524851			
14	Bajracharya, Tri Ratna	Institute of Engineering	5542054			
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19	Bhandari, Mukunda Ram			4495791	keshab@ccsl.com.np	4350530
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21	Bhandary, Kishore Ram					
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26	Bhattarai, Raju Dev	Sheela Printers	4418094	5534254	rajesh.bhattarai@ntc.net.np	4780042
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32	Chettri, G. Narayan Bdr.	Time Pharmaceuticals (P) Ltd.	056-523804	9851060337	info@computerpointnepal.com	4220161
33	Chhetry, Narayan Mahat	Nepal Telecom	4210428	56527523	cifrox@wlink.com.np	56520695
34	Chitrakar, Sunil	Mahaguthi Craft With A Conscience	5533197, 5532981	4782444	narayan.mahat@ntc.net.np	4210471
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75	Khadka, Keshab Bikram	4270410		4270410
76	Khairgoli, Shrestha Raju P.			
77	Khanal, Dharma Prasad			
78	Khanal, Kundan			
79	Khanal, Sarita Karki			
80	Kharel, Gourish K.			
81	Khatiwada, Achut			
82	Khatir, Sudhir Babu			
83	Koirala, Shanta Baskota			
84	Lal, Shiv Bhushan			
85	Maharjan, Asha Lal			
86	Maharjan, Ashok			
87	Maharjan, Babu Raja			
88	Maharjan, Maheswor			
89	Maharjan, Mandira			
90	Maharjan, Suresh			
91	Maharjan, Surya Lal			
92	Mahato, Chandra Kishor Prasad			
93	Mahato, Radhe Shyam			
94	Malla, Nareh Bahadur			
95	Manadhar, Bandana			
96	Manadhar, Deepak			
97	Manadhar, Leesa			
98	Manadhar, Saroj			
99	Manadhar, Sunil			
100	Manadhar, Saroj			
101	Maskey, Ujjwal Raj			
102	Maskey, Gopesh Shakti			
103	Mathema, Kishor Bhakta			
104	Mishra, Akhleshwar			
105	Murarka, Ashok Kumar			
	Bio-gas & Agriculture Equipment Development P. Ltd.	4480041		4480041
	MEH Consultants (P) Ltd.	5521364		5521364
	Nepal Ektrat Engineering Co.	4270827		4270827
	Nepal Airlines Corporation	4242429		4242429
	Manka Crafts Association	5521747		5521747
	Himalayan Bank Limited	4352785		4352785
	Style Trade Line	4280718		4280718
	CTL Pharmaceuticals P. Ltd.	4242429		4242429
	Nepalconsult (P) Ltd.	4354092		4354092
	CTL Pharmaceuticals P. Ltd.	985111758		985111758
	Marigold Food Pvt. Ltd.	4497458		4497458
		4422578		4422578
		5524821		5524821
		4410930		4410930
		445680		445680
		61-523016		61-523016
		5522023		5522023
		4770525		4770525
		5544368		5544368
		6611090		6611090
		4477511		4477511
		4496360		4496360
		017-524821		017-524821
		6610386		6610386
		4361670		4361670
		4471782		4471782
		4351861		4351861
		4410647		4410647
		4372645		4372645
		5525164		5525164
		9841737074		9841737074
		5534866		5534866
		5526379		5526379
		4414772		4414772
		4364232		4364232
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		5540101		5540101
		4428651		4428651
		9851041371		9851041371
		4221278		4221278
		4233388		4233388
		4259927		4259927
		4263501		4263501
		4480365		4480365
		98412218184		98412218184
		4256895		4256895
		9851042355		9851042355
		4471697		4471697
		6630956		6630956
		4417122		4417122
		021-523965		021-523965
		051-528538		051-528538
		4272969		4272969
		4271191		4271191
		5523763		5523763
		4354027, 4420060		4354027, 4420060
		4371061		4371061
		4493775		4493775
		4265572		4265572
		4429815		4429815
		5525515		5525515
		4479488		4479488
		4276130		4276130
		021-523965		021-523965
		051-533400		051-533400
		4275611		4275611
		4233390		4233390
		4436395		4436395
		4375574		4375574
		4474937		4474937
		4430814		4430814
		5539817		5539817
		4478378		4478378
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115	Pant, Janardan Dev	World Distribution Nepal Pvt. Ltd.	4263600	4240368		
116	Panta, Naresh Dev			4413078		
117	Panta, Ramesh Prasad			4486601		
118	Panthee, Srijana Mishra	Nepal Oil Corporation Ltd.	4266741	4483368	srijanapanthee@hotmail.com	56525076
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124	Pokhrel, Bijayshwar	CTL Pharmaceuticals P. Ltd.	6610893	4358760	clfactory@infoclub.com.np	4266849
125	Pokhrel, Rajib	Premier Finance Co. Ltd.	5521223	9851021675	rajivpokhrel@gmail.com	5550412
126	Pokhrel, Sanjeeb Chandra	Nepal Rubber Udhog Pvt. Ltd.	4221123	4221123		4223145
127	Poudel, Nikita	Gopi Krishna FM Radio	4812404		itsmenikita@hotmail.com	6611617
128	Poudyal, Roshan	CTL Pharmaceuticals P. Ltd.	6610893	4470540	roshpn@hotmail.com	
129	Poudyal, Upendra Keshari	NRB. Mint Dept. Sundhara	4226965	4474144	nrbmint@ntc.net.np	
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131	Pradhan, Basanti Roshan (Shrestha)	Training Institute For Technical Instruction	66307187	4228270	brssreshtha@yahoo.com	6630289
132	Pradhan, Bhusan Narsingha	Ministry of Land Information & Archive	4477615	4424479	b_pradhan@yahoo.com	4477613
133	Pradhan, Kishor Kumar	Birat Pharma Lab (P) Ltd.	021-527191	021-527144		021-527082
134	Pradhan, Mahesh Prasad	Omica Laboratories Pvt. Ltd.	4266858	4250627	maheshpradhan@gmail.com	4268081
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136	Pradhan, Prabhu Keshar M.	NIDC	4228322	4272650	prabhupradhan@nidec.wlink.com.np	4227428
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138	Pradhan, Rajiv Bhakta	LOTUS Opportunities	5530313, 5526660	5560830	rajiv@enet.com.np	5532013
139	Pradhan, Sushil	Professional Computer System P. Ltd.	55435545, 548, 082	4225999	sushil_pradhan@hotmail.com	5011068
140	Pradhan, Tribeni Man Singh	Chamati Land Pooling Project	4413102	5526826	tribeni2001@hotmail.com	4442323
141	Pradhanang, Ajay Bahadur	Fleur Himalayan Ltd.	5529436	5525322	fleur@wlink.com.np	5529434
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143	Pradhanang, Tara Bahadur	Prefab Concrete	4220046	4220046	prefab@infoclub.com.np	
144	Prajapati, Rabin	Bhaktapur Ceramics Pvt. Ltd.	6613440	6611625		
145	Prajapati, Rupesh	Chandeswori Auto Engineering	4485862	011-661671		
146	Rajbhandari, Achyut	Perfect Printing Press	4284265	4278869	variety@wlink.com.np	4278050
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149	Rajbhandari, Binod Bahadur	BRS Infotech learning Pvt. Ltd.	9851024440	4782454	binodrajbhandary@yahoo.com	
150	Rajbhandari, Rabindra	Informatic Computer School	4412580	4244886	kumarib@info.com.np	4418361
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175	Sharma, Shyam Sunder	MEH Consultants (P) Ltd.	4477634	4471596	mail@citycarpet.com.np	5527730
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183	Shrestha, Bhusan Krishna	Pape Inc. Traders	4246303, 4253404	4431637	beltronix@wlink.com.np	
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186	Shrestha, Denis	Advance Poly Clinic	4443386	5522413	quest@ccsl.com.np	5527167
187	Shrestha, Devendra Shrestha	CTL Pharmaceuticals P. Ltd.	4228495	5524780	gateshrshrestha@hotmail.com	
188	Shrestha, Dipendra Lal	Quest Pharmaceuticals P. Ltd.	4240304	4273246	ksgopal@wlink.com.np	4330136
189	Shrestha, Ganesh Raj	Pashupati Rubber Industries (P) Ltd.	5522157	4226526	omhrc@wlink.com.np	4466128
190	Shrestha, Geela	Readymade Garment Train. Center	4256931	5526531	singhdan@wlink.com.np	4245856
191	Shrestha, Gopal Krishna	Himal Cement Company Ltd.	4331762, 4331764	4229190	keshab_shrestha@hotmail.com	4240665
192	Shrestha, Guna Raj	PD Consult	4491475	4221262	nbgroup@mos.com.np	
193	Shrestha, Hari Gopal	Hitesh Garments	4476224	4351172	seagate92@wlink.com.np	5525417
194	Shrestha, Hari Kishor	Om Hospital & Research Center	4245856, 4232858	4720352	sanpoktm@mos.com.np	4229623
195	Shrestha, Jyoti	Chandra Enterprises Pvt. Ltd.	4271899	4272637	maheshwor@nbl.com.np	4491153
196	Shrestha, Keshab	Natural History Museum	4240698	4418862	panas1153@gmail.com	4228888
197	Shrestha, Laxmi Bahadur	Harishidhi Brick & Tile Factory Ltd.	4419585, 4411194	5544450	n_shrestha@yahoo.com	4233390
198	Shrestha, Madhav Narayan	Nepal Water Supply Corporation	5537231	4279913	shresthabhusan@hotmail.com	4487848
199	Shrestha, Madhur Kumar	Seagate Institute of Technology	5521295	4279913	arniko@mos.com.np	4260628
200	Shrestha, Mahendra Gopal	Habitech Nepal Pvt. Ltd.	4231430	4241951	omnica@htp.com.np	4268081
201	Shrestha, Maheshwor Prakash	Nepal Investment Bank Limited	4491153	5533225	sprajwal@wlink.com.np	4240469
202	Shrestha, Nareesh Kumar	Panas Pharmaceuticals Pvt. Ltd.	4220930	4359856	prakashs_0606@yahoo.com	5522776
203	Shrestha, Neeraj Man	Nepal Telecom	5533066	9851034336	prashant@aitnepal.com.np	
204	Shrestha, Nepal Bhushan	Prime Commercial Bank Ltd.	4470307	552117	pritam01@yahoo.com	4239451
205	Shrestha, Opendra Kumar	Arniko Nirman Co.	4261158	9851045150	rabin.shrestha@yomari.com	5549957
206	Shrestha, Pradeep Kumar	Sharma & Company Pvt. Ltd.	4268658	4261716	hamasteel@info.com.np	4261686
207	Shrestha, Prakash Man	Omica Laboratories Pvt. Ltd.	4247541	4412903		
208	Shrestha, Prakash Man	Microtech International (P) Ltd.	5521451, 5521178			
209	Shrestha, Prashant Lal	Harishidhi Brick & Tile Factory Ltd.	4412929, 4420038			
210	Shrestha, Prashant Lal	Academy of Information Tech. Pvt. Ltd.	4239470			
211	Shrestha, Pritam Lal	Sunrise Bank Ltd.	4252500			
212	Shrestha, Rabi K.	CTL Pharmaceuticals P. Ltd.	5543290			
213	Shrestha, Rabin Kumar	YOMARI Inc. Pvt. Ltd.	4261716			
214	Shrestha, Rajan	Hama Iron and Steel Industries Pvt. Ltd.	4474072			
215	Shrestha, Rajan Babu	Aero Care Air Conditioning Service				

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265	Upreti, Chinta Mani	Vijayadeep Pharmaceuticals				
266	Vaidya, Anand					
267	Vaidya, Pradeep Man					

Hearty Congratulations

to

Ms. Amira Dali

Advisor and Past President of Nepal AOTS Alumni Society



Nepal AOTS Alumni Society congratulates Ms. Amira Dali
for being awarded for Best Success Story in the
“Social Contribution” field
in the AOTS Success Story Convention with
the theme “Investing in People for a Better World”
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